



...where the future of rural health care delivery is taking shape.

MDI Hospital Names New President and CEO

Mount Desert Island Hospital has named a new president and CEO. Christina “Chrissi” Maguire, current chief operating officer and senior vice president will succeed Art Blank on January 1, 2021. Blank announced in January of this year that he would retire at the end of 2020.

“I speak for the entire Board of Trustees when I say how excited we are to have a professional of her caliber as our next president and CEO,” said Jim Bright, Chairman. “Chrissi’s commitment to MDI Hospital, to our patients and their families, our employees, and our community made her the top choice to be our next leader.”

Maguire has proved a strong leader in multiple roles since she joined MDI Hospital in 2011, said Bright. These roles include treasurer, vice president of finance, chief financial officer and senior vice president and COO. When she became senior vice president and COO, Maguire took on overall operational responsibilities while continuing to serve as the organization’s chief financial officer and treasurer.

Throughout her 32-year career in finance, Maguire has worked as an accountant, a reimbursement specialist, controller, director of fiscal services, and chief financial officer.

“I am grateful for the opportunity to serve this organization in the capacity of president and CEO and to work with such an amazing group of dedicated individuals,” said Maguire. “MDI Hospital will continue to be a leader in improving the health and vibrancy of our patients and the community we serve through innovation and improved integrated systems of care. I am so pleased



to continue the strategic legacy that Art Blank has framed over his dynamic years of service and am deeply honored by that privilege.”

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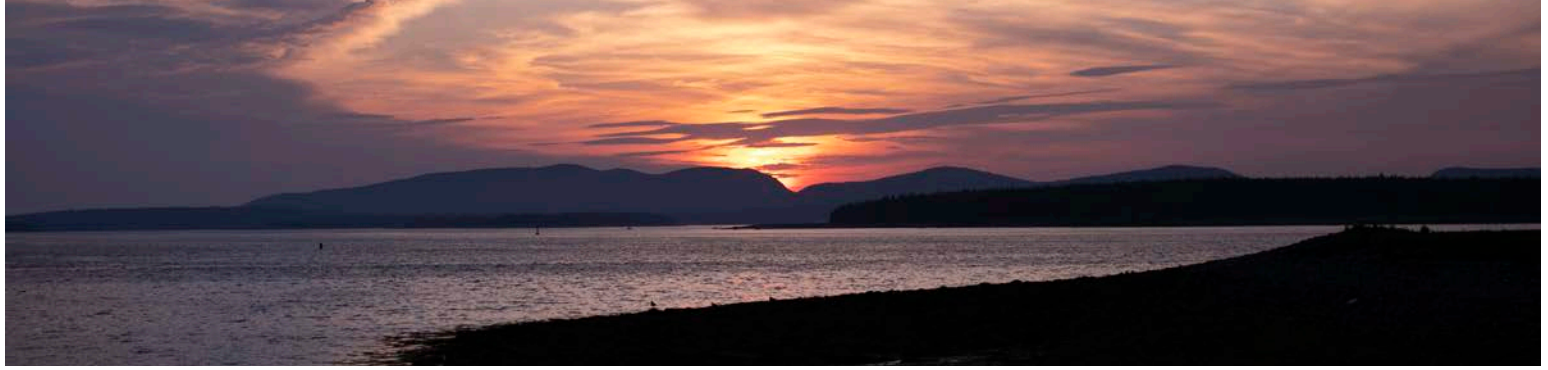


@MDIhospital



A Different Kind of Summer Celebration

Wear blue on July 18 to show support for your caregivers who are keeping #MDIHealthy!



After closely monitoring the current global health crisis and following guidance from the Maine CDC, MDI Hospital has canceled what would have been its 4th Annual Summer Celebration at Islesford Dock on July 18, 2020. This annual benefit dinner is one of the Hospital's most important sources of philanthropic revenue throughout the year, last year alone raising nearly \$320,000 in support of the Hospital's mission to provide high-quality, compassionate healthcare in Downeast Maine.

We are disappointed to miss this annual celebration of all that you – our extraordinary supporters – help the Hospital accomplish, but your health and safety and the safety of our community remain our top priorities. Although the need for keeping our physical distance continues, you're invited to celebrate with us in a different way this summer...

On July 18, show your support for MDI Hospital's caregivers who are on the frontlines of this global emergency – helping keep your MDI healthy, day in and day out – by wearing blue. Then, share your #MDIHealthy selfie on social media, tell a friend (by phone or internet), and virtually celebrate your caregivers until we can meet again in person.

While coronavirus cases currently remain low in Hancock County, we recognize that potential surges could happen at any time and we are continuously preparing for that possibility. As a result, MDI Hospital's COVID-19 Preparedness Fund was established to help the Hospital provide care during this crisis and give the ability to pivot if another significant outbreak or disaster comes to the island.

Now more than ever, your generosity ensures that our healthcare providers have the support they need to focus on what they do best – take extraordinary care of our community and each other. Please consider making a gift to MDI Hospital's COVID-19 Preparedness Fund today in support of your dedicated caregivers. Your gift to MDI Hospital today will help save lives tomorrow. Let's keep #MDIHealthy together!

Thank you, MDI!

All of us at MDI Hospital and Health Centers would like to express our profound gratitude to the Mount Desert Island community for your extraordinary support during these trying times. Your gifts of personal protective equipment, supplies, meals, and temporary housing for our staff are vital and overwhelmingly meaningful. Because of you, we are stronger, better, and ready to deliver the highest standard of care to everyone who comes through our doors. Thank you for being there for us, so we can always be there for you. We are all in this together.

For more information regarding the donation of in-kind gifts, please contact Carly Ancona at carly.ancona@mdihospital.org or (207) 288-5081, ext. 1430.

The Faces on Our Frontline

At Mount Desert Island Hospital, our healthcare team has been working tirelessly to protect your MDI community from the coronavirus pandemic. As we near the three month mark of this global health crisis, we are unmasking a few of the remarkable faces on our frontline to give you an inside look at the lives of healthcare workers – both professionally and personally.

Mary Lou Carey, RN

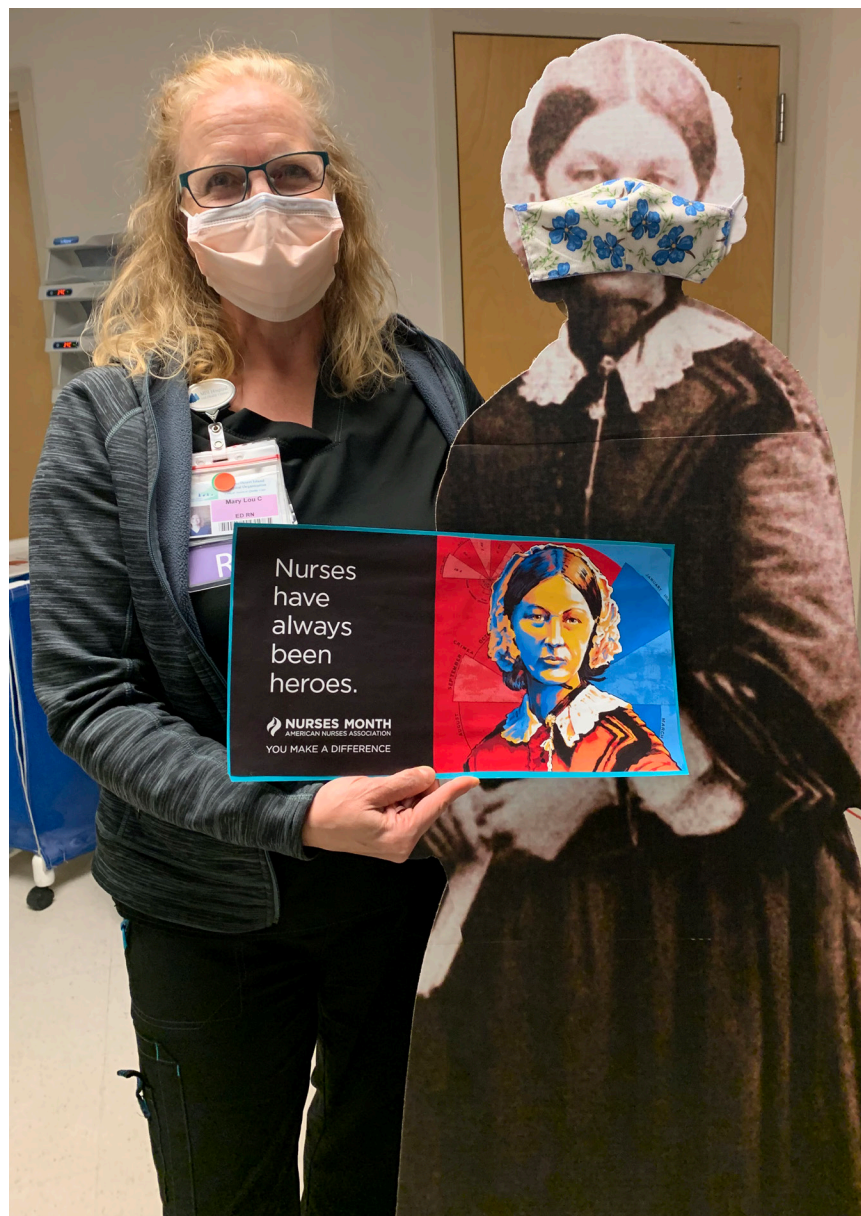
“In all my experience and training, I was not prepared for the complexity that has befallen the world during this COVID-19 pandemic,” states Mary Lou Carey, a Registered Nurse in MDI Hospital’s Emergency Department. “You can read about pandemics in nursing class, you can study previous outbreaks, but there is no book that will prepare you for how it feels.”

Mary Lou’s nursing career began nearly thirty years ago, after receiving phenomenal care from an excellent nurse. This life-changing experience propelled her decision to obtain a nursing degree and offer the same great care to her own patients. Since then, providing exceptional, compassionate care has become Mary Lou’s hallmark that has carried her through the difficult days.

“Uncertainty, fear, and confusion are not only normal reactions for the community but for medical staff as well,” Mary Lou adds. She applauds the swift actions taken by Hospital leadership to activate emergency preparedness protocols and to continually educate Hospital staff and the community on the latest information available on COVID-19. These steps have provided a means to maintain a safe environment for staff and the patients they care for while providing a sense of peace and ability to overcome the challenges brought on by the coronavirus pandemic.

“The dedicated professionalism displayed by MDI Hospital – as well as the outpouring of love from the community, from meals to masks – has filled my soul with hope and strengthened my commitment to nursing,” explains Mary Lou. “I encourage the community to continue to care for and respect each other. Help where you feel you are called to and gain strength from each other.”

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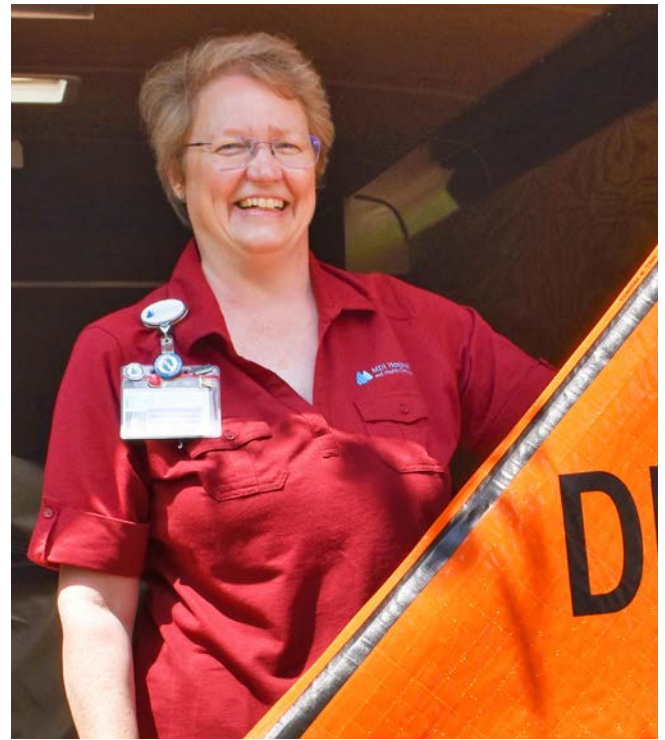
Barbara MacPike, RN

Meet Barbara MacPike, Mount Desert Island Hospital's Infection Preventionist and Emergency Preparedness Coordinator. Long before the coronavirus pandemic began to make its way around the globe, Barbara has been meticulously developing and testing plans in preparation to protect our island community from such an occurrence.

As the pandemic made its way to New England, Barbara's work days have become longer and are filled with zoom meetings and conference calls containing the latest information available surrounding COVID-19. With the Hospital's Incident Command Team activated, Barbara serves as liaison to the Centers for Disease Control and Prevention to make sure that MDIH is up-to-date on all state and federal recommendations. With the information she obtains, Barbara develops policies and guidelines that are used to educate employees and the community.

Being on the frontline during a global pandemic and knowing that she is making a difference helps motivate Barbara during the long work days. She also makes sure to spend time with her family and takes twice-daily walks with her dog amongst the natural beauty of MDI to recharge and help keep her ready to meet the the evolving challenges presented by the pandemic.

"Self-care is so important. Find something you enjoy and do that, but while you are doing that: wash your hands, do not touch your eyes, nose or mouth, stay physically distant, and wear your cloth face covering," offers Barbara.



Kate Worcester, PA-C

Kate Worcester has worked for MDI Hospital for 14 years. In response to the pandemic, she became one of three healthcare providers that test patients in our community for the coronavirus. As our knowledge and experience with COVID-19 evolves, so does Kate's job as a physician assistant at our rural hospital.

"The response from my colleagues and the team oriented approach has been remarkable," Kate notes. "Creative minds are being challenged with a task we never imagined we would face."

Much of her time is spent talking with local business owners, fellow employees, and concerned citizens to answer their questions and provide guidance based on the latest information available regarding the virus. Kate's days in the testing tent, donned in personal protective equipment, are spent navigating the unique matrix of patient encounters, including tracking test results and surveillance of the patients who have fallen ill.

When the work day is over, she hangs up her scrubs and transitions back to being mom to her son, Sawyer. After weeks of life upended by the coronavirus, Kate pauses to reevaluate and put more of a focus on self-care and spending time with her son. They turn off the TV, turn on the music, and build campfires to spend quality time together. In addition, Kate walks every day during her lunch break to clear her mind and leave the COVID-19 testing tent behind.

“From where I stand today, I give these words of guidance... we cannot control the future, but we can protect ourselves in the present,” adds Kate. “Practice less judgement and more kindness. Trust that your healthcare team is here and we are prepared to take care of you.”

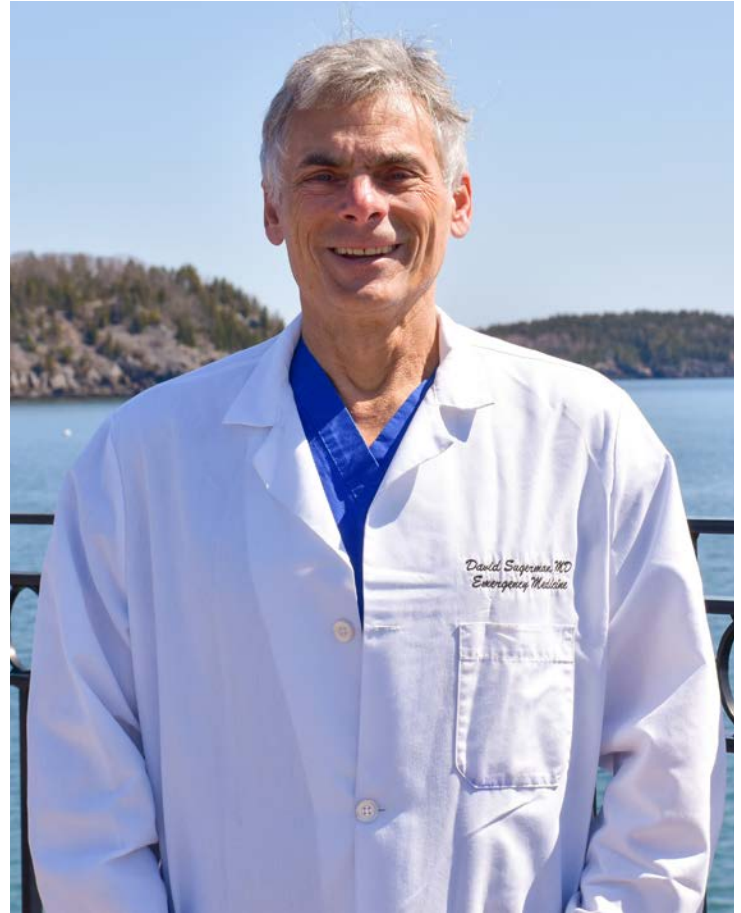
David Sugerman, MD

Joining MDI Hospital as the new Medical Director of Emergency Medicine this past April, David Sugerman was ready to meet the challenges posed by the coronavirus pandemic head-on. “Throughout my career in emergency medicine, I have been motivated by a challenge,” states Dr. Sugerman, “and this pandemic has been an unmatched generational challenge requiring great focus and attention.”

Striving to make the Emergency Department action ready for COVID-19, Dr. Sugerman and the Hospital’s Senior Leadership have been diligently working together to develop best practices to treat patients infected with the virus while keeping MDIH staff well protected. Additionally, a segmentation plan has been devised to separate infected and non-infected patients to ensure proper emergency care for all patients can continue throughout the pandemic.

Dr. Sugerman credits the team he works with as what gets him through the day, as well as biking to and from work each day on the picturesque Park Loop Road in Acadia National Park. “Breathing that salty air does wonders,” he noted.

Looking to the future, Dr. Sugerman offers everyone the following advice: “Stay informed with sound, scientific information but avoid believing everything you read on the internet. If you develop even mild symptoms, isolate and get tested to help protect MDI from becoming the next hot spot. And most importantly, adjust your mental image of the situation. Our actions to limit the spread of the virus provide us all with an opportunity to save lives. Practice physical distancing while maintaining social connection with family, friends, and the community, and please wear masks when distancing is not possible.”



An Important Message from MDI Hospital's President/CEO

"Let me be very clear; our organization condemns racism, discrimination, violence and injustice of any kind."

The tragic killings of George Floyd, Ahmaud Arbery, Breonna Taylor and many others have laid bare the inequities of the criminal justice system in our country for black Americans. At the same time, COVID-19 has disproportionately affected communities of color, further exposing institutionalized racism and inequality. These unacceptable circumstances have ignited justifiable frustration and anger and sparked protests across the United States and around the world. These protests have called attention to the issues of racism and unequal treatment by law enforcement that people of color routinely face in our county.

These unjust killings are stark reminders of the real need for systemic change. Without question, the police officers involved in these killings and the institutions that allow these repeated tragedies need to be held to account. Across the nation and worldwide, there are peaceful protesters trying to bring attention to the pain and injustice of these continued tragedies. There are also some who have chosen to exploit the protests for their own gain to perpetrate theft, destruction and violence. The inexcusable actions of these bad actors detract from the focus on the very real inequities that we all need to address.

At Mount Desert Island Hospital, our Health Centers, and Birch Bay Retirement Village, we are committed to speaking out against injustice and standing up for our neighbors and communities. Our goal has always been to strengthen the health of all whom we serve. In order to do that, we need to continue to work together to address inequities wherever they arise—including those in healthcare that are everyday realities for far too many people.

Let me be very clear; our organization condemns racism, discrimination, violence and injustice of any kind. We remain committed to providing a safe, fair and equitable workplace, and treating everyone—our staff, our patients and our communities—with dignity, respect and compassion. We know there is much to do, and we look forward to continuing to work together to address disparities in healthcare and develop and implement real solutions that make a difference for all those we serve.

Arthur J. Blank
President/CEO, MDI Hospital

Chrissi Maguire, continued from page 1

Maguire continued, "I feel a deep connection to Mount Desert Island Hospital as a beacon and pillar of care for our community; this has been my own family's care provider for over 28 years. We will always honor our values, striving for the highest quality of care and the very best patient experience. I am grateful to our generous donors and benefactors who make our important work possible and look forward to deepening those relationships."

Maguire is an active participant in various leadership and community organizations. She currently serves as a member of the CFO Council for the Maine Hospital Association, the secretary of the Maine Chapter of HFMA,

a member of the Steering 2.0 Committee of National HFMA, a member of the CFO Council for Critical Access Hospitals and a member of the Operations Management Team for the Maine Rural Health Collaborative, LLC.

She is also a longtime member of the Ellsworth Lioness Club, a past president of the Ellsworth Chamber of Commerce and Ellsworth Economic Development Committee, past chair of the Lamoine School Board and current member of the Bar Harbor Chamber of Commerce Finance Committee.

Maguire graduated with a B.A./B.S. Degree in Accounting from Saint Joseph's College of Maine in 1986 and is a current MHA candidate at Saint Joseph's College.

Ursula E.J. Lee Nursing Excellence Award Winners Named

Memorial Gift Recognizes Exceptional Nurses!



Pictured left to right: Chrissi Maguire, Senior Vice President/COO; Karen Mueller, RN, BSN, MBA, Chief Nursing Officer; Art Blank, President/CEO; Patricia Zavaleta, RN; Karen Vanzura, RN; Jean Young, RN. Absent from photo: Sharon Kenausis, RN

Mount Desert Island Hospital is pleased to announce the four winners of its 2020 Ursula E.J. Lee Award for Nursing Excellence: Patricia Zavaleta, RN, Karen Vanzura, RN, Jean Young, RN, and Sharon Kenausis, RN!

Established by Bar Harbor resident Dr. Leung Lee in memory of his wife, the Ursula E.J. Lee Award for Nursing Excellence honors the compassionate, loving care Ursula received from her nurses at MDI Hospital. The award is given to four nurses each year who demonstrate clinical excellence and a commitment to compassionate care in their nursing practice.

The afternoon began with a dedication of a lilac bush planted in memory of Ursula E.J. Lee and in honor of Dr. Leung Lee. An award ceremony was held for the award recipients, with many Hospital colleagues tuning in remotely to offer congratulations.

“We are so very grateful to Dr. Lee and the Lee family for establishing this award,” said MDI Hospital President/CEO Art Blank. “In addition to their talent, experience, and education, each of these nurses is a dedicated, compassionate professional. They clearly demonstrate how a passion for nursing can drive excellence in every aspect of patient care.”

Candidates were nominated by their peers based on excellence in six categories: compassionate care, clinical practice, advocacy, leadership, change agent, and mentorship. A panel of judges comprised of their peers was charged with the difficult task of selecting just four winners. Award winners were each presented with a framed certificate of excellence and a \$500.00 gift made possible by the generosity of the Lee family.

Congratulations to this year’s recipients of the Ursula E.J. Lee Award for Nursing Excellence!

Don't Delay Seeking Essential and Emergency Care During a Pandemic

MDI Hospital and Health Centers are Ready



MDI Hospital & Health Centers are doing all that we can to help our community stop the spread of COVID-19 while also working to ensure that vital healthcare services continue to be available and accessible. Many services are now available for patients through telephone and video conferencing, and we have additional safety measures in place for needed in-person care.

In a recent Op-Ed in the Mount Desert Islander, MDI Hospital's Charlie Hendricks, MD, Medical Director of Surgical Services, and David Sugerman, MD, Medical Director of Emergency Medicine, shared the following message: "Please do not be afraid to come to MDI Hospital for your immediate health needs.

"Heart attacks and strokes can still happen even during a pandemic. Urgent situations requiring surgery can still develop. Serious medical and traumatic issues can be devastating if ignored and care is delayed, resulting in far worse outcomes and unnecessary debilitation. Chronic conditions and moderate health concerns can progress without monitoring and treatment.

"We want to assure everyone that we are taking the necessary precautions to keep patients as safe as possible – including a segmented Emergency Department to provide care for potential COVID-19 patients in isolation away from patients with other emergencies, COVID-19 testing for all patients prior to surgery, well trained staff and the necessary equipment to protect both patients and staff.

"Our network of primary care providers and surgeons are available to help guide the decision of when to seek essential and emergent care. Options are available for evaluations that follow safe social and physical distancing guidelines, including telemedicine options for those patients for whom this may be more appropriate.

"MDI Hospital is ready to address every emergency, whether caused by COVID-19 or anything else, in a safe and separate way. Stay safe and stay healthy, but if you are sick, seek medical advice – please!"

Telehealth Services Available

- Many Primary Care Needs
- Follow-Up Visits
- Annual Medicare Wellness Visits
- Behavioral Health
- Women's Health Services (In-Person & Telehealth)
- Chronic Care Visits (In-Person & Telehealth)
- Cooper Gilmore Respiratory Clinic (In-Person & Telehealth)

In-Person Services Available

- Emergency Care & Essential Surgical Services
- Acute/Urgent Care Visits
- Well Child Checks/Childhood Vaccinations (AM Only)
- Orthopedics Services
- Urology Services
- Women's Health Services
- Chronic Care Visits
- Cooper Gilmore Respiratory Clinic

If you would like to schedule a telehealth or in-person visit, please contact your provider's office to discuss your individual needs. For a list of MDI Hospital Health Centers and Clinics, please call 207-288-5081 or visit www.mdihospital.org/health-centers.

Don't Delay Seeking Emergency Care!

If your need is emergent, call 911 or visit your local emergency room. MDI Hospital's 24-Hour ER can be reached at 207-288-8439. Notifying the emergency room will prepare hospital staff to better anticipate your specific needs and allow for a coordinated arrival.