

Good Medicine

News from the Heart of MDI Hospital

November 2020

... where the future of rural health care delivery is taking shape.

Dr. Patricia Hand Becomes Chair of MDI Hospital's **Board of Trustees**

At MDI Hospital's Annual Meeting held via Zoom on September 3, 2020, Dr. Patricia Hand became the new Chair of the Board of Trustees. Dr. Hand joined MDI Hospital's Board of Trustees in 2009 and is assuming the role from James R. Bright who had been the Board Chair since 2017.

Dr. Hand has been affiliated with the MDI Biological Laboratory for two decades, and currently serves as senior advisor to its president. With a distinguished career as a biomedical researcher and an administrator, Dr. Hand brings a unique and valuable perspective to the healthcare provided by MDI Hospital.

"Becoming Chair of the Board is a wonderful opportunity for me to work even more closely with [hospital leadership] and my fellow board members to maintain and continue to build a very strong independent hospital organization," said Dr. Hand at the Annual Meeting. "I truly appreciate the value of MDI Hospital being an independent entity, committed to identifying the needs in our community and meeting those needs."

Originally from Fall River, Massachusetts, Dr. Hand received a bachelor's degree in biology from Manhattanville College in Purchase, New York. She then received her master's degree and PhD in microbiology and virology from The George Washington University.



As a researcher at the National Cancer Institute, Dr. Hand contributed to the development of several clinical trials using immunological methods to improve the diagnosis and therapy of cancer, particularly those of the breast and colon, resulting in improved treatments and reagents for those cancers. This month, Dr. Hand will be recognized with a Team Science Award from the Society for Immunotherapy of Cancer for being a key player in this team at the National Cancer Institute, under the leadership of Dr. Jeffrey Schlom, for significant advances made in the immunotherapy of cancer.

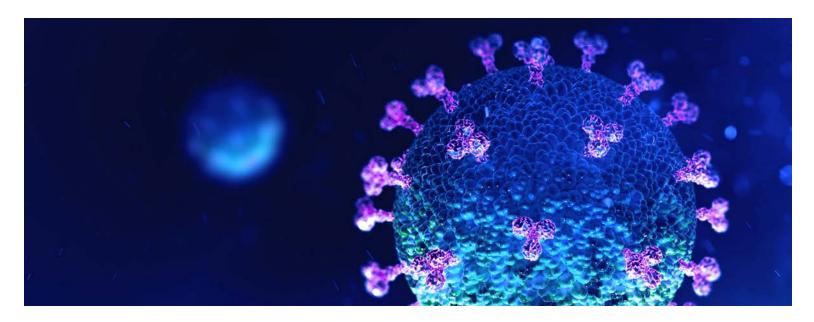
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Join Us for our Next Virtual Town Hall:

Mental Health Wellness During a Global Pandemic

Mark your calendars for part five of MDI Hospital's virtual COVID-19 Town Hall series! The next virtual event is set for Wednesday, December 16th from 3:00 – 4:00 PM EST. President/CEO Arthur J. Blank and Senior Vice President/COO Christina J. Maguire will be joined by Julian P. Kuffler, MD, MPH and MDI Behavioral Health Center's Director Andres Abreu, MD to discuss mental health and wellness during a global pandemic with a special focus on pandemic fatigue and seasonal depression. If interested in attending our December virtual event, please email events@mdihospital.org for more information.



Recordings of parts one through four of the virtual Town Hall series are available on MDI Hospital's YouTube page (bit.ly/3hNIYD5).

COVID-19 Testing Pavilion Update

As the coronavirus pandemic continues on, MDI Hospital and Health Centers' Summer Testing Pavilion has moved to a new, indoor location for the upcoming winter season. Conveniently located off Main Street on Stanwood Place, this new Winter Testing Site will continue to allow for patients to be tested from the comfort of their own vehicle while health care professionals are warmly protected from the elements.

For more information on new testing location and protocols at MDI Hospital and Health Centers, please call the MDI Hospital Coronavirus Call Center at (207) 801-5900. If you have symptoms or think you may have been exposed to COVID-19, please contact your primary care provider or the Maine 24-Hour Reporting line at (800) 832-5821.

Join the Auxiliary!

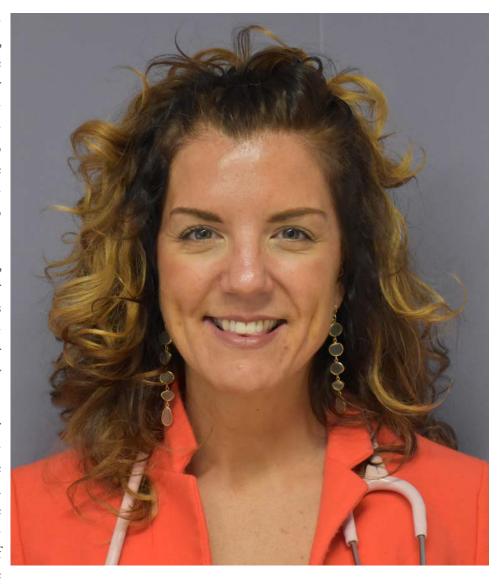
Our Auxiliary is always looking for new members and leaders to help coordinate fundraising events and activities that benefit the MDI Hospital Organization. Please contact Carly Ancona at (207) 801-5046 or carly.ancona@mdihospital.org for more information on how to become a member.

Kate Worcester, PA-C Receives Outstanding Health Care Professional Award

Kate Worcester, Certified Physician Assistant at Cooper Gilmore Health Center, has received the Outstanding Health Care Professional of the Year Award from her peers at the Maine Physician Assistant Association (MEAPA). This award is presented each year to a Physician Assistant who has demonstrated exceptional knowledge and teaching skills in support of the profession, with an emphasis on contributions to the improvement of health care in Maine.

In MEAPA's statement about the award, it was noted that Kate, "has set a high bar for PAs and other healthcare professionals with her leadership, patient care and dedication to education. ... Thank you, Kate, for your outstanding service to your community and for making MEAPA proud!"

Kate joined MDI Hospital in 2006 after receiving her PA-C degree from the University of New England. As a primary care provider at the Cooper Gilmore Health Center, Kate specializes in family medicine and general surgery. "I practice patient-centered care tailored to the healthcare goals of the individual and at times the family," Kate



explained about her patient care philosophy. Kate previously practiced in the emergency department, on the hospitalist service – where she became MDI Hospital's first hospitalist PA and served as the Clinical Lead for Allied Health Professionals – and provided critical care at Maine Medical Center.

Most recently, Kate has been MDI Hospital's primary COVID-19 testing tent practitioner and has taken a lead role in counseling and providing contact tracing assistance to residents and visitors. Kate also regularly participates in MDI Hospital's virtual COVID-19 Town Hall series (see page 2 for more information), offering education and support to our community concerning the pandemic, including development of workplace safety guidelines for employers to improve safety and reduce the risk of transmission of the novel coronavirus.

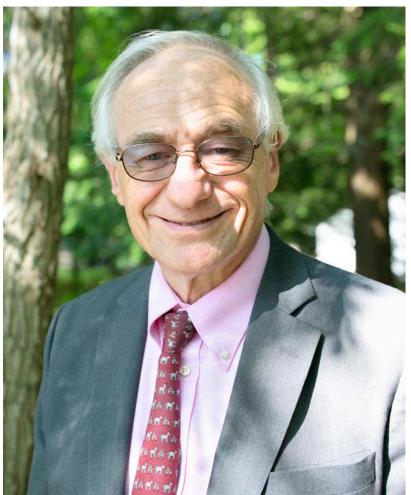
Together with her support team, Kate Worcester, PA-C embodies MDI Hospital's core values by providing personalized, dedicated, and compassionate care for all who live in and visit our community. Congratulations to Kate on this noteworthy achievement!

A Letter from our President/CEO

Every single day, every employee at MDI Hospital represents our six core values: Compassion, Community, Improvement, Integrity, Respect and Teamwork. This year, in the wake of COVID-19, we have called upon our core values more than ever before. And we've had to adapt and adjust to unpredictable work conditions, new challenges, and the urgent need for preparedness. I am truly humbled by our team's devotion to patients, community, and each other, carrying forward MDI Hospital's mission and vision throughout this pandemic. Personally, I feel very lucky to work alongside our Everyday Heroes, honored by the compassion and humility that they demonstrate to our organization and our community.

As you may know, in January I made the decision to retire as President and CEO at the end of 2020. I've had the privilege of working with my MDI Hospital colleagues since 1999. Then as now, it was a pivotal time in our history. Working together, our team established MDI Hospital's vision to be our community's medical home. Embracing our mission as a critical access hospital, we implemented innovative care models and incorporated nine community health centers, including the Downeast region's first full-service behavioral health center and the Island's first nonprofit dental center. And we established Birch Bay Retirement Village in 2003, serving our region's elders in an atmosphere that respects their desire for independence while offering support when and where it's most needed. All of these activities positioned us well for the unique challenges of 21st century medicine, including the most immediate crisis of COVID-19.

Working with colleagues onsite and in Philadelphia, we forged a groundbreaking teaching partnership in 2010 with Penn Medicine, the cornerstone of MDI Hospital's innovative Medical Education program. While the influx of stu-



Arthur J. Blank, President/CEO

dents has been briefly interrupted by the COVID-19 pandemic, this program is ready to continue growing when the crisis has abated. Along with Penn Med, we now partner with Tufts University School of Medicine, University of New England, The Jackson Laboratory, University of Maine, College of the Atlantic, and several others, all sharing one key goal: to draw new staff members to rural healthcare settings. I'm proud to point out that nearly 200 caregivers-in-training have participated in these unique new programs during my tenure. I know many more will follow.

MDI Hospital's drive for community service is reflected in our Board of Trustees and Incorporators, integrally involved in our mission and future directions. Throughout my years as President and CEO, these leaders have been the Hospital's compass, and I'm deeply grateful for their service and support. Truly, we are fortunate that hundreds of volunteers give generously of their time throughout this organization. They work alongside caregivers, assist in clinical and non-clinical settings, and embody the Hospital's mission: to provide compassionate care and strengthen the health of our community by embracing tomorrow's methods and respecting

time-honored values. And I might add, a great many of these volunteers are tireless fundraisers, a giving tradition that goes all the way back to our founding in 1897.

Getting to know hundreds of steadfast donors in the past 20 years has been a true privilege: individuals whose devotion to MDI Hospital brings about real change and progress. Just a few milestones enabled by our supporters: the renovation of our inpatient and obstetrical units in 2007, the construction of the Lisa Stewart Women's Health Center in 2014, the establishment of the Community Dental Center in 2014, and the acquisition of a new state-of-the-art generator in 2018.

But the impact of philanthropy goes far beyond facilities. In fact, everything I've described in this letter has happened with the hand-in-hand partnership of our generous, faithful donors. Stated simply, you see our vision and you enable us to carry it forward. I am grateful for 20 years of service in the company of colleagues and friends like you. And as I bid you farewell – still residing on the Island, but enjoying some much-needed family time – I also want to highlight my successor, Chrissi Maguire. Chrissi is MDI Hospital's current Senior Vice President and Chief Operating Officer. We are so pleased that she will take on the role of President and CEO on January 1, 2021.



Chrissi Maguire, Senior Vice President and Chief Operating Officer

Chrissi has been a strong leader in several roles since she joined the Hospital in 2011, including Treasurer, Vice President of Finance, and Chief Financial Officer. When she became Senior Vice President and COO in 2018, she took on overall operational responsibilities while continuing to serve as the organization's Chief Financial Officer and Treasurer. A remarkable leader, Chrissi has utilized her considerable insight and experience to move our organization forward through increased productivity, innovative partnerships and process development.

MDI Hospital is in capable hands, at every level. Every day. I thank you for your continued support of your community's medical home.

Arthur J. Blank

President/CEO



A Season for Giving Thanks

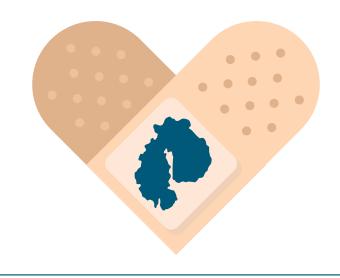
During this season of gratitude and giving, there is no time more fitting to say thank you.

As the days grow shorter, our thoughts turn to all that we are thankful for this year – you being one of the most important. Your support of MDI Hospital makes a profound difference in the lives of the patients that we care for every day – especially during a year as unexpected and challenging as this year has been.

Your generosity empowers MDI Hospital's caregivers to be ready and prepared to compassionately care for our patients throughout the ongoing crisis, allowing us to lead the way with mission-critical public health initiatives to keep our community protected, safe, and healthy. Because of you, we are stronger, better, and ready to deliver the highest standard of care to everyone who comes through our doors.

On November 15 each year, we recognize National Philanthropy Day® and reflect on all that your generosity makes possible. Your gifts transform lives, bring joy, and make the ordinary extraordinary. You make our life-saving work possible. Thank you for making your community and your world a better place!

You're invited to help us continue making a difference as we celebrate #GivingTuesday on December 1 and through the end of the year. Be sure to follow us on Facebook (facebook. com/mdihospital) and stay tuned to find out how you can get involved. Your gift today will save lives tomorrow!



"We must find time to stop and thank the people who make a difference in our lives."

—John F. Kennedy



...Patricia Hand, PhD, continued from page 1

In 2000, Dr. Hand, her husband, Victor, and their two children became full-time residents of Mount Desert Island, and Dr. Hand joined the MDI Biological Laboratory as administrative director. She then served as the lab's vice president for administration until 2016 when she transitioned to her current advisory role and remains engaged in enhancing and improving opportunities for biomedical research and biomedical research training in Maine. Dr. Hand and her husband currently reside in Hulls Cove.

"Over the years, my family and I have been the beneficiaries of expert and compassionate care from our hospital organization, and I truly believe that the only reason that's possible is if every single employee of the institution is doing their job at the highest level all the time," stated Dr. Hand at the Annual Meeting. "My hat is off to all of you, the employees of the hospital, for everything you do every day to make this excellence possible for [our] community. I look forward to working with you and thank you for giving me this opportunity to serve."



MDI Hospital's Business Friends Society recognizes the outstanding support of local businesses that give generously in support of our independent healthcare system here on Mount Desert Island. During this unprecedented year, we are incredibly grateful for all our recent Business Friends Society members who help make our cherished Downeast community the amazing place that it is to live, work, and play – thank you! Together, our community is stronger, better, and prepared to face 2020's unexpected challenges.

2019-2021 MEMBERS

AB & JR Hodgkins Inc. Acadia Benefits and Strategic Benefit Advisors Acadia Cornerstone Real Estate

The Acadia Corporation
Acadia Fuel LLC

Acadia National Park Tours

Amy's Salon and Spa

Argosy Gallery

ArtWaves

Bar Harbor Bank & Trust

Bar Harbor Lobster Co.

Bar Harbor Savings and Loan

Camden National Bank

Carroll Drug Store

The Chart Room Restaurant

Cleary Law Office, P.A.

Coastal Computers LLC

Coston & McIsaac, CPAs

Creative Print Services

Doug Gott & Sons, Inc.

Eaton Peabody

Elise Frank, Financial Advisor, Edward Jones

First National Bank

F.W. Thurston Co., Inc.

Galyn's Galley

Geddy's

Gilman Electrical Supply

Harpswell Capital Advisors

Highbrook Motel

Insource Renewables

Jordan-Fernald Funeral Home

Jordan's Restaurant

The Kimball Shop

The Knowles Company

Tricia Blythe of the Knowles Company

Susan Ferrante-Collier of the Knowles Company

Kozak & Gayer, P.A.

Lake and Sea Boatworks

Linnehan's Right Way Auto

L.S. Robinson Co. Insurance

Machias Savings Bank

The Merle B. Grindle Agency

Mount Desert Islander

Northeast Financial Strategies

Northeast Plumbing & Heating Co.

Otter Creek Inn

Peekytoe Provisions

Primrose Inn

Reel Pizza Cinerama

Richard Parks Furniture

R.L. White & Son

Royal Flush Septic LLC

Seaport Village Healthcare

Sew & Save, Inc.

Shaw Jewelry

Smith Collier & Fahey, P.A.

Stephen Stanley Electrical Contractor, Inc.

Systems Engineering, Inc.

Tree of Life Day Spa

Trenton Bridge Lobster Pound

Trenton Flooring & Furniture

Virtual Corporation

Wallace Events

West Street Cafe

Updated as of October 15, 2020

The goal of MDI Hospital's Business Friends Society is to create a strong support system through collaboration and community as we continue to strive for success in our unique rural and seasonal environment. For information on how to join the Society, please contact Ryann Grove at (207) 460-6150 or ryann.grove@mdihospital.org, or visit mdihospital.org/giving/businessfriends/

Make the Most of Your Gift! Your Guide to Supporting MDI Hospital This Year

Your gift to MDI Hospital today empowers our caregivers to continue being able to protect and care for our community, now and into the future. To get the most out of your generosity, here are some helpful tips on ways to give, potential tax benefits*, and important dates.

Write a check. The easiest way to support MDI Hospital's immediate needs. To make it even easier, you can use the envelope included in this newsletter to make a gift today! Just make sure your gift is postmarked by December 31 for your gift to count for 2020.

Go online. A fast and secure way to make a gift via credit card. Donate via our secure giving page at www.mdihospital. org/giving/give-now by 11:59pm on December 31 to give for 2020.

Gift securities. If you have owned the securities for more than one year and they are worth more than what you originally paid for them, you may be able to claim a deduction for the full fair market value and eliminate tax on the appreciation.

Fund a life income gift. This type of donation provides you with payments for your lifetime and a gift to MDI Hospital thereafter. If the gift is funded with appreciated securities you have owned for more than one year, you may be able to eliminate capital gains taxes and you may be entitled to an income tax deduction based on the charitable portion of the securities' full value

Donate an insurance policy. Put a no-longer-needed policy to good use. To qualify as a deductible gift, MDI Hospital will need to become the policy owner. For most types of insurance policies, your tax deduction is usually the cost basis or the fair market value of the policy – whichever is less.

Make a Tax-Free Gift From Your IRA! Are you 70 ½ or older? You can make a tax-free gift from your IRA in 2020 until December 31. You can donate up to \$100,000 per year directly from your IRA to a qualified charity, including MDI Hospital. The transfer counts towards your required minimum distribution for the year, and as this generates neither taxable income nor a tax deduction, you don't have to itemize to take advantage of this opportunity.

Leave a Legacy

Consider Leaving a Gift to MDI Hospital in Your Will

If you believe in the importance of maintaining high-quality healthcare on Mount Desert Island but can't make a gift today, including a planned gift to MDI Hospital in your will or trust may be the donation option you've been looking for. As a member of our 1897 Society, you will help ensure that MDI Hospital is able to remain independent and here for future generations to come. These are the benefits:

- Simplicity: Just a few sentences in your will or trust are all that are needed.
- Flexibility: Because you are not actually making a gift until after your lifetime, you can change your mind at any time.
- Versatility: You can structure your gift to leave a specific item or amount of money, make it contingent on particular events, or leave a percentage of your estate to MDI Hospital.
- Tax Relief: When you make a gift to MDI Hospital in your will or trust, your estate may be entitled to an estate charitable tax deduction for the gift's full value.

Why Does Leaving a Percentage Make Sense?

When planning for a future gift, it can be difficult to determine what size donation will make sense. Gifting a specific percentage of your estate ensures that your donation will remain in proportion to your estate size, no matter how it changes over the years.

If you have questions about any of these gift options or if you have already named MDI Hospital in your estate plans, please contact Ryann Grove in the Office of Advancement at (207) 460-6150 or at ryann.grove@mdihospital.org

