

Good Medicine

News from the Heart of MDI Hospital

Fall 2021

... where the future of rural health care delivery is taking shape.

New MRI Wing Named in Memory of Two Employees



President/CEO Chrissi Maguire, Dick Wolf, Chief Radiologist Dr. Maureen Charette, and Director of Medical Imaging Philip Pizzola at a special MRI dedication ceremony on September 3, 2021.

On July 15, the specially constructed modular building that will house Mount Desert Island Hospital's new magnetic resonance imaging (MRI) unit arrived in Bar Harbor. This much-anticipated delivery marked a milestone in the hospital's multiyear effort to install its first-ever fixed-place MRI unit, replacing the temporary MRI trailer that has long occupied the hospital's parking lot.

This project, which began in May, creates a new wing of the hospital that will be a permanent home to the Philips Ingenia Ambition MRI system, which was lifted by crane into the building on August 30. This state-of-the-art, energy-efficient unit features near-silent technology, faster scan times, and patient-adjustable lighting, image projections, and soundscapes—all to increase patient comfort. The hospital anticipates scanning its first patients with the new system in September.

Numerous generous funders have joined together to provide support for the Fixed-Place MRI Project; major donors include the Davis Family Foundation, Bar Harbor Bank and Trust, First National Bank, Dick Wolf, Jonathan Winthrop, Donna Karlson and Arthur Greif, Arthur Blank and Chrissi Maguire.

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COVID-19 Mitigation Efforts Still Critically Important



As COVID-19 cases continue to rise, Maine hospitals are nearly full across our state and health system leaders are calling on Maine communities to help mitigate the spread of COVID-19. Mount Desert Island, too, has seen an increase in positive COVID-19 cases, with more than a dozen positive cases resulted at MDI Hospital since the end of August.

A joint press conference of four major Maine health systems on August 26 sounded the alarm that Maine hospitals are nearing ICU bed capacity. Leaders from MaineHealth, Northern Light Health, Central Maine Healthcare and Maine General Health attended the press conference to urge Maine people to get vaccinated if they have not done so already, wear masks when indoors and be cautious about indoor gatherings.

As hospitalizations increased across our state, Dr. Nirav Shah, Director of the Maine Center for Disease Control and Prevention, tweeted statistics that afternoon. "Stat(s) of the day: there are 133 people in the hospital with COVID-19 in Maine right now. Fifty-nine are in the ICU and 27, on ventilators," said Shah. "Of the 332 total ICU beds in Maine, only 34 are available. Yesterday, there were 39 available beds. And on Tuesday, there were 52."

With cases and hospitalizations on the rise, MDI Hospital calls on our dedicated community and business partners to rise to the occasion once again by reinforcing the critical protection measures of vaccination, masking, and distancing. We urge all area businesses to reinforce vaccination, masking, distancing, hand hygiene for all customers and staff and to display posters and signage on effective mitigation strategies and to implement masking immediately for all workforce and visitors.

Mount Desert Island has done an amazing job of managing COVID-19 through community cooperation and collaborative partnerships, and we need to call on our dedicated community members and business partners once again to reinforce our best mitigation strategies—vaccination, masking, distancing, and avoiding large gatherings and crowded situations. We know these safe, effective strategies work, and we know that together we can begin to reverse this troubling trend for our region.

Please visit our website at mdihospital.org or the Maine CDC website for additional information on prevention and mitigation information: maine. gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.

Chrissi Maguire, *President/CEO*, *MDI Hospital* J.R. Krevans, Jr., MD, *Chair*, *Infection Control*, *MDI Hospital* Stuart Davidson, MD, *Chief Medical Officer*

COVID-19 Preparedness Fund

As cases rise, your support is needed now more than ever before. Despite a brief respite in the early summer, with cooler weather around the corner and variants spreading nationwide, MDI Hospital is continuing to protect and care for our community throughout the pandemic.

To support these lifesaving efforts, please donate using the enclosed, pre-paid envelope and indicate the COVID-19 Preparedness Fund, or visit **mdihospital.org/give** to donate online today.

Couple Give Thanks to MDI Hospital Employees

Mount Desert Island Hospital recently received two \$10,000 grants from Bar Harbor residents Arthur Greif and Donna Karlson in honor of their friends and family who have been treated at the hospital.

"We have friends and family who have benefited enormously from the caring compassion of MDI Hospital professionals, including my father and myself through various illnesses and accidents," said Karlson. "I can't say enough about the quality of care we received. It's the whole of it—outpatient and inpatient services, cardiac rehab, primary care, the weekend care clinic, and the emergency department—everything is excellent. And it's all less than two miles from our house. That's a gift to our community."

Greif said, "Clients have come to both Donna, a clinical social worker, and me, a civil rights attorney, at moments of crises in their lives. We have tried to do our best to make our clients whole again. MDI Hospital employees have carried that same burden, trying to make their patients whole again with dedication and resilience. During the pandemic, MDI Hospital employees have met that burden at great personal risk to themselves. These gifts are our way of saying thanks."

These grants will support the care provided by various departments at the hospital, including Cardiac Rehabilitation, Cardiopulmonary, the Island Infusion Center



(Oncology), and the Emergency Department, in addition to the Cooper Gilmore Health Center and the new fixed-place MRI being installed this summer on the hospital's campus.

"I've spent 44 years representing doctors, nurses, and hospital employees, and almost 40 of them have been here in Maine," said Greif. "I've come to appreciate how unique MDI Hospital is in maintaining its independence. I think that has produced a better quality of care, and I want to make sure the hospital maintains its independence."



Lani K. Naihe Luzvie E. Estacio

...New MRI Wing, continued from page 1

Among a multitude of essential imaging capabilities, MRI is incredibly important for the detection of cancer, including brain cancer. With very deep emotions, it is an honor to announce that we will be naming this new addition in memory of two members of the MDI Hospital family that were lost this year to glioblastoma, an aggressive form of brain cancer:

The Lani K. Naihe & Luzvie E. Estacio Memorial MRI Wing

In each of their careers at MDI Hospital, Lani and Luzvie made a tremendous impact in the lives of everyone they encountered, fully embodying each of the hospital's values. Both Lani and Luzvie made possible the innovative, compassionate care that is provided to our patients every day.

Sadly, both Lani and Luzvie were diagnosed with glioblastoma within months of each other in 2020 and lost their battles to the disease in 2021. As we strive to better serve our patients and community, we will do so with them in our hearts every step of the way.

For information on how you can support this project, please contact Ryann Grove, Senior Philanthropy Officer, at ryann.grove@mdihospital.org or 207.460.6150.

2021 Virtual Annual Meeting Celebrates Local Heroes

Mount Desert Island Hospital held its 124th Annual Meeting on Monday, August 23, 2021. For the second year in a row, this event was held virtually out of an abundance of caution in response to the uptick in COVID-19 cases nationally.

Beginning with a slideshow honoring the hospital's Everyday Heroes, President and CEO Chrissi Maguire welcomed everyone and thanked the outstanding team at MDI Hospital, Health Centers, and Birch Bay Retirement Village for staying "pandemic strong" over the last 18 months. Continuing, Maguire discussed the hospital's efforts and successes throughout the pandemic—including our mass vaccination clinics which contributed to the MDI community being over 95% vaccinated.

Maguire thanked the hospital's dedicated and generous donors who gave a record-breaking \$2.7 million to the organization over the past year. "With your help, MDI Hospital is leading the way to pursuing whole-person, community-centered, integrated medicine—building a bridge from health care to well care," said Maguire. "As we embark on a number of new initiatives, our caregivers are continually learning, growing, and improving to face the challenges of 21st century medicine."

Maguire outlined these initiatives to further the future of healthcare on Mount Desert Island, including: long-range planning efforts to improve our core services, Emergency Department, surgical suite, and a dedicated main entrance to the Hospital; implementation of Cerner's electronic health record platform CommunityWorks to serve as a single source of truth for the organization; strategic goals around improved access, workforce retention, rural medical education, integrated mental healthcare, and improved age-specific care continuums; and continued COVID-19 preparedness and mitigation efforts.

Michelle Smith, Vice President and CFO, reported that the MDI Hospital Organization finished its 2020-2021 fiscal year with a positive operating margin of 14%. In addition, the organization provided more than 550 jobs and \$5 million in free and uncompensated care to the community during this time period.

During the meeting, hospital leadership honored several community members and organizations with Hero Awards for going above and beyond in their contributions to our community throughout the last year. These awards are featured in this year's Annual Report.

To view MDI Hospital's 2020-2021 Annual Report, please visit: www.mdihospital.org/about-us/reports-resources/, or contact Ryann Grove, Senior Philanthropy Officer, at 207.460.6150 or ryann.grove@mdihospital.org to request a print edition. A recording of the 2021 Annual Meeting is available on the Hospital's YouTube page.



2021 Hero Award Recipients

Community Hero:
Elsie Flemings and the
Downeast COVID-19 Task Force

Business Heroes: Bar Harbor Bank & Trust The Bar Harbor Regency

MDI Hospital Employee of the Year:

Cheryl Young, Practice Manager of Cooper Gilmore Health Center, General Surgery, and COVID-19 Testing Pavilion

Birch Bay Retirement Village Employee of the Year: Sara Lyons, Activities Assistant

Volunteer Hero: **Dr. Ellen Gellerstedt**

Leadership Excellence Award:

Art Blank, former President/ CEO of MDI Hospital for his 20+ years of service and leadership

Healthcare Hero: **Dr. J.R. Krevans, Jr.**

Luminary Heroes:
In memory of Lani K. Naihe
and Luzvie Estrada Estacio

Welcome, Jeffrey L. McDaniel, M.S., CFRE!

Mount Desert Island Hospital is pleased to welcome Jeff McDaniel as the new Director of Philanthropy.

Born and raised in Bar Harbor, Jeff is a dynamic fundraising professional with extensive experience leading capital campaigns, major and principal gifts, planned giving and international fundraising. Throughout his career, Jeff has helped to raise over \$350 million from individuals, corporations, trusts and foundations across four continents over the past 20 years.

Prior to joining MDI Hospital in August, Jeff spent the last 10 years in Brisbane, Australia during which time he led the fundraising efforts at several organizations including the Great Barrier Reef Foundation, Children's Hospital Foundation, and The University of Queensland's Faculty of Medicine.

A graduate of Dartmouth College, Jeff studied ethics at the University of Edinburgh, holds a Master's in Healthcare Administration and completed a surgical internship at MDI Hospital in 1999 under the Chief of Surgery, Dr. Charlie Hendricks. He received his CFRE in 2008 and was inducted into the MDI High School Athletic Hall of Fame in 2019.



Jeff and his family—wife Meghan and daughters Anne and Jane—are all dual citizens of the United States and Australia. He is a sought-after conference speaker, guest lecturer, board advisor and mentor. He also enjoys travel, golf, swimming, snorkeling, cooking and collecting/drinking great whiskeys of the world.

Jeff can be reached directly at 207.801.5570 or via email at jeffrey.mcdaniel@mdihospital.org.





Annual Report Now Available!

MDI Hospital's 2020-2021 Annual Report and Donor List are now available online. To view the reports, please visit mdihospital.org, About Us, Reports & Resources.

MDI Hospital Designated a Diagnostic Imaging Center of Excellence by the American College of Radiology

In July, Mount Desert Island Hospital was designated a Diagnostic Imaging Center of Excellence™ by the American College of Radiology. The designation is an achievement that goes beyond accreditation to recognize best-quality imaging practices and diagnostic care. This includes a comprehensive assessment of the entire medical imaging enterprise, including structure and outcomes. The designation recognizes excellence at multiple levels—including the professional staff, the technology and the policies and procedures the organization follows—and superior patient care.

MDI Hospital was the first hospital in the U.S. to receive this designation from the American College of Radiology in 2013 and received the designation again in 2018.

"Congratulations to MDI Hospital's Medical Imaging Department on the amazing work, effort, grit and courage that they all displayed on again achieving the Diagnostic Imaging Center of Excellence Accreditation! American College of Radiology Accreditation is recognized as the gold standard in medical imaging," said MDI Hospital President/CEO Chrissi Maguire. "Our patients know, and this honor confirms, that they will receive the best patient-centered diagnostic care when they come through our doors."





In order to receive this distinction, facilities must be accredited by the American College of Radiology in all modalities they provide, and in which the college offers an accreditation program. Another requirement is to participate in the Dose Index Registry® and General Radiology Improvement Database, as well as Image Wisely® and Image Gently®.

MDI Hospital offers complete medical imaging services including MRI, CT, breast imaging, ultrasound, x-ray and nuclear medicine. The organization has been

recognized for excellence by Avatar International, the Leapfrog Group, the National Rural Health Association, Harvard Pilgrim and Healthgrades.



DIAGNOSTIC IMAGING CENTER of EXCELLENCE™

Pharmacist Robert Miller Honored for Vaccination Effort

Captain Benjamin G. Newman, MD, FAAFP, a native of Philadelphia, Pennsylvania, retired from the United States Navy in 2008 after 46 years of service. Stationed once in Winter Harbor, Maine during his military career, he fell in love with the area and relocated there after retirement to start an independent, rural family practice with a focus on patient-centered medical care.

A patient of Dr. Mark Kandutsch, physician at MDI Hospital's Cadillac Family Practice, Dr. Newman called to ask about the COVID-19 vaccine in January 2021 when coronavirus cases were at their peak throughout the nation. While trying not to get his hopes up, as an 80-year-old doctor seeing patients at his private practice, the ability to be vaccinated was potentially lifesaving.

"On a roll of a dice, I called the pharmacy. Not being on the staff of MDI Hospital, I didn't expect it to be a positive experience. But I was shocked when Mr. Miller worked with me and said he'd get back to me," ex-



Robert Miller, Staff Pharmacist, opening MDI Hospital's first box of Moderna's COVID-19 vaccine in December 2020.

plained Dr. Newman. A few days later, Robert Miller, MDI Hospital's staff pharmacist called Dr. Newman back with the good news: an appointment for his first vaccination. "He was so kind, even though he was being inundated with requests," remembered Dr. Newman. "I was eternally grateful."

On January 13, Dr. Newman received his first vaccination and then donated to MDI Hospital that day in honor of Robert Miller. "I wanted the folks who administered the vaccine to know how important what they did is," explained Dr. Newman. "They could easily think it's not a big deal, but it's lifesaving. And for me as a practitioner, it was liberating."

"Kindness beseechs kindness. To be taken care of with compassion and interest, no matter who you are, is very important," continued Dr. Newman. "I was satisfied with the whole experience not only with Mr. Miller, but the staff who administered the vaccination. Everyone was kind and caring. When you walk into MDI Hospital, you feel it's a small-town, community hospital serving the people of MDI. That's my experience, and that's my philosophy of family practice."

On June 14, MDI Hospital concluded its mass vaccination clinic effort with a total of 10,522 doses of COVID-19 vaccine administered. The State of Maine is reporting vaccination rates on MDI above 95 percent. Going forward, vaccines are available by appointment in three of our health center locations. For more information, please visit www.mdihospital.org/covid-19-vaccine