



*...where the future of rural health care delivery is taking shape.*

## Welcome Dr. Lauren Manning, Child and Adolescent Psychiatrist

Across the nation, healthcare systems have been experiencing shortages in behavioral health services, leading to long wait times and patients seeking care for behavioral health crises in Emergency Departments. During the pandemic, there has also been an increase in children and teens facing behavioral health challenges.

MDI Hospital has been actively seeking to address this serious increase in need for behavioral health services. As part of this ongoing initiative, Lauren Manning, MD has joined the MDI Behavioral Health Center as our first-ever Child and Adolescent Psychiatrist.

Raised in Glenmont, New York, Dr. Manning grew up hearing stories about her grandmother's upbringing in Houlton, Maine. She would often visit southern Maine's beaches on summer vacation and has always had a passion for the outdoors.

After completing her undergraduate coursework at Connecticut College in behavioral neuroscience, Dr. Manning enrolled in Tufts University School of Medicine where she participated in the Maine Track program. During her medical training, she completed a psychiatry residency and child and adolescent psychiatry fellowship at Maine Medical Center, and she says her experiences in this program only deepened her love for Maine.

While she specializes in Child and Adolescent Psychiatry, Dr. Manning is able to assist patients of all ages, helping facilitate patients making sense of their experiences and finding their inner resilience. "The best part of my job is getting to know families over time, both accompanying them as they face challenges and celebrating with them as they reach their goals," said Dr. Manning.

Dr. Manning came to enjoy the Downeast region's hiking, camping, and ocean kayaking while living for eight years in Portland, Maine. When the opportunity arose at MDI Hospital, she knew MDI would be a great place to make home with her family. After her interview, Dr. Manning was very impressed by the hospital's patient-centered values and commitment to the community. "I was struck by the welcoming and collaborative spirit of the behavioral health center team," said Dr. Manning. "It is an honor to have the chance to live and work in the MDI community."

Please join us in welcoming Dr. Lauren Manning to Mount Desert Island Hospital and Health Centers!



Dr. Lauren Manning, MDI Behavioral Health Center's first-ever Child and Adolescent Psychiatrist



/mdihospital



@MDIhospital



@MDIhospital



# 29<sup>th</sup> Annual David R. Harding Memorial Golf Tournament Raises \$31,625



Bar Harbor Bank & Trust employees at the golf tournament registration table

Mount Desert Island Hospital has announced that the 29<sup>th</sup> Annual David R. Harding Memorial Golf Tournament sponsored by Bar Harbor Bank & Trust raised \$31,625 in support of the hospital's mission to provide access to high-quality, compassionate healthcare. More than 90 golfers participated in the golf tournament, which took place September 29 at Kebo Valley Golf Club in Bar Harbor.

For 28 years, Bar Harbor Bank & Trust organized the event as a tribute to longtime member and chairman of the board of Bar Harbor Bankshares, David R. Harding, in recognition of Mr. Harding's generous support of charitable organizations and his legacy of community involvement. After selecting MDI Hospital as the tournament's beneficiary in 2021, Bar Harbor Bank & Trust selected the hospital as the exclusive beneficiary of the tournament going forward.

MDI Hospital is honored to continue this long-standing tradition in partnership with Bar Harbor Bank & Trust. Proceeds from the tournament support the responsive healthcare MDI Hospital delivers to the Mount Desert Island region, from emergency, trauma, and surgical care to primary and specialty clinics.

Thank you to all the sponsors, donors, and players who made this year's tournament a success!



Golf carts line up at Kebo Valley Golf Club to begin the tournament

## 2022 SPONSORS

### TITLE SPONSOR



### CART SPONSOR

Cross Insurance

### HOLE-IN-ONE SPONSORS

Darling's Auto Mall  
Stanley Subaru

### GOLF BALL SPONSOR

Bar Harbor Resorts

### LUNCH SPONSOR

The Merle B. Grindle Agency

### GOLD SPONSORS

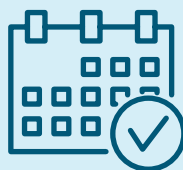
Carroll Harper & Associates, Inc.  
CD&M Communications  
Lynam Insurance Agency  
Lynam Real Estate Agency  
The Snowman Group

### SILVER SPONSORS

The Acadia Corporation  
Ben and Bill's Chocolate Emporium  
Coston & McIsaac, CPAs  
Fiore Artisan Olive Oils and Vinegars  
Gross, Minsky & Mogul, P.A.  
Maine Camp Outfitters  
Wallace Events

### HOLE SPONSORS

Cafe Drydock & Inn  
Chris Parsons Building and Remodeling, Inc.  
Dead River Company  
Dollar\$ and Sense  
Ellsworth Chiropractic  
Galyn's Galley  
Hale & Hamlin  
Hammond Lumber Company  
Jones, Kuriloff & Sargent, LLC  
Jordan-Fernald Funeral Home  
Jordan's Restaurant  
Kimball Terrace Inn  
KSR Construction  
L.E. Norwood and Sons  
Chrissi Maguire, MDI Hospital  
Peekytoe Provisions  
Gary Seavey, Lori Stanley, and Christine Crowley - Swan Agency Real Estate



**Save the Date!**

**30<sup>th</sup> Annual David R. Harding Memorial Golf Tournament**  
**September 28, 2023**



# A Family's Generosity Provides a Special Opportunity This Giving Tuesday

Earlier this year, thanks to the generosity of the Rechholtz family, MDI Hospital purchased a new, state-of-the-art treatment chair for its Oncology Department. The chair, given in memory of Rosalie Rechholtz, allows patients to rest in comfort as they receive infusion therapy treatments at the hospital's Island Infusion Center.

"At a time in our patients' lives when challenges abound, some peace can be found in the little things," explained Joyce MacIntosh, RN, BSN, OCN, "and a comfortable reclining chair that warms and soothes is the least we can do."

The Island Infusion Center at MDI Hospital offers treatment for cancer, blood disorders, and a variety of acute and chronic conditions in a caring, comfortable atmosphere. The services provided at the Center are the result of a partnership between MDI Hospital and Northern Light Health's Cancer Care of Maine program. This collaboration ensures sophisticated, high-quality cancer care is available closer to home, saving patients from the inconvenience of traveling far for treatment.

"The new chair made an immediate difference and quickly became a favorite," Joyce continued. "It did not take long to realize that we could use another chair for our department."

This year on GivingTuesday—an annual day of giving that inspires and celebrates generosity across the globe—we are challenging our community to come together to help us meet a \$2,750 goal to purchase another new treatment chair for the Oncology Department. Thanks to a matching challenge grant from the Rechholtz Family, every dollar raised towards this goal will go twice as far!

"Our family personally understands the need to support the hospital's Oncology Department and we are honored to offer this challenge grant to help purchase another treatment chair," said Bob Rechholtz. "We are all so grateful to the Rechholtz family for this opportunity and for the incredible difference it will have on the patients we care for," stated Joyce.

Please join us during this season of giving to help make a difference in the lives of the patients we care for each and every day.



Joyce MacIntosh, RN, BSN, OCN expresses appreciation for a new, state-of-the-art treatment chair given in memory of Rosalie Rechholtz by the Rechholtz family. The chair has brought so much comfort to patients, the family has offered a challenge grant to help raise funds for a second chair.

## GivingTuesday Matching Challenge

***Double Your Donation on November 29, 2022!***

Thanks to the generosity of the Rechholtz family, the first \$2,750 of donations received on GivingTuesday will be matched dollar for dollar. Donations received above this goal will support the greatest needs at MDI Hospital, helping support our mission of providing compassionate care to our community.

**#GIVINGTUESDAY™**

# A Hand to Hold: Care in a Crisis

The past two years challenged our community with uncertainties that far surpassed anything previously thought possible. Since March 2020, we experienced lockdowns, masking, and social distancing—previously rare words that are now commonplace in our vocabulary. Despite everything, we managed to come together in creative, new ways and realized that sometimes, above all else, you just need someone to be there for you and hold your hand.

When Klair Moshier and her husband, Scott, walked through the doors of the Emergency Department at Mount Desert Island Hospital in December 2021, doctors were immediately concerned and tested Klair's oxygen saturation levels. "Most people with normal lung function are operating somewhere around 98+ percent. She was 53 percent," noted Dr. Peter Ossanna, Chief of Medicine and Hospitalist who treated Klair. "She was critically ill."

Within 45 minutes of arrival, Klair was admitted and placed on a ventilator in the Intensive Care Unit (ICU) with a severe case of COVID-19. Doctors were baffled as to how she even walked into the hospital of her own volition with some of the worst lungs they had ever seen. Scott also had COVID-19, but his symptoms were far less severe. Due to the strict visitation protocols in place at the time, Scott was sent home to recover while Klair remained hospitalized.

As he drove away, Scott was struck by the need to be near his wife. He told MDI Hospital staff that he couldn't just wait at home, so he turned around and came back. Scott spent all the time he could in his truck in the parking lot right



Klair and Scott Moshier of Gouldsboro share a moment following Klair's hospitalization for COVID-19. They credit MDI Hospital for saving Klair's life.



## 2022 Impact Report Now Available!

Klair and Scott's touching story was featured in this year's Impact Report.

**To read more, please visit:**

[mdihospital.org](https://mdihospital.org) — About Us — Reports & Resources



outside Klair's window, where nurses would wave and assure him that she was in good hands.

In the ICU, Monica Theroux, RN was one of the nurses who cared for Klair. "She was really sick, and we were worried about her," recalled Monica. As one of the first COVID-19 patients that Monica had treated, she was concerned for her own health and safety as well, but she knew she couldn't show any of that to the patient. "You have to provide reassurance and make them feel safe."

Scott stayed in constant communication with Klair's nurses while he waited outside. "I would put the phone to Klair's ear and say, 'just talk, I don't know if she can hear you but she's here,'" recalled Lisa McLaggan, RN. "I told him, if you want to call throughout the night, I'm here until 7 in the morning so call every couple of hours."

"You're here to be their support, not just medical, because it's not just medical that heals you," said Maddrey Coover, RN, BSN. "Especially with COVID-19 patients, that isolation creates a need for communication and connection."

Klair was ultimately on the ventilator in the ICU for five days. "It was a big wake up call for life in general and what's important. At the end of the day, it's who you're next to," said Scott.

"My nurses were the most amazing...I don't even call them people—they are angels on earth." Klair recalls only being able to see their eyes, but she remembers their stories and their kind words. "They would go above and beyond every single time. Just before they left my room, they would ask, 'is there anything else I can get for you or do for you?' And every time I said, 'would you just hold my hand?' They would come over to the bedside and I was so grateful. They never rushed. They were happy to sit and hold my hand. They would talk to me and tell me I was going to be ok."

"They saved my life. It's as simple as that. I'm here today because of MDI Hospital."

Klair and Scott both recovered from COVID-19 and continue to be monitored by the healthcare team at MDI Hospital.



---

## Welcome, Heather D. Jones!

Heather D. Jones has joined the Office of Advancement in the role of Advancement Officer-Annual Fund. Heather moved to Mount Desert Island in 1997 where she quickly became involved in the community, cultivating and maintaining relationships with businesses, residents, and seasonal visitors. As Advancement Officer, Heather looks forward to engaging with the MDI community and MDI Hospital donors to help support the hospital's most pressing initiatives through the annual fund. Welcome, Heather!



Heather D. Jones joins the Office of Advancement as its newest member.



## Business Friends Society MDI Hospital

MDI Hospital's Business Friends Society recognizes the outstanding support of local businesses that give generously in support of our independent healthcare system here on Mount Desert Island. We are incredibly grateful for our Business Friends Society members who help make our cherished Downeast community the amazing place that it is to live, work, and play—thank you!

### 2022 MEMBERS

A.B. & J.R. Hodgkins Inc.	Darling's Auto Mall	KSR Construction
Acadia Benefits, Inc.	Dead River Company	L.E. Norwood and Sons
Acadia Cornerstone Real Estate	Dollar\$ and Sense	Lake and Sea Boatworks, Inc.
The Acadia Corporation	E.L. Shea, Inc.	Lynam Insurance Agency
Acadia Fuel, LLC	Eat-A-Pita / Cafe 2	Lynam Real Estate Agency
Acadia National Park Tours	Ellsworth Chiropractic	Machias Savings Bank
Argosy Gallery	Susan Ferrante-Collier of The Knowles Company	Main Street Motel
Bar Harbor Bank & Trust	Fiore Artisan Olive Oils and Vinegars	Maine Camp Outfitters
Bark Harbor	First National Bank	MCM Electric, Inc.
Ben & Bill's Chocolate Emporium	Galyn's Galley	The Merle B. Grindle Agency
Tricia Blythe of The Knowles Company	Geddy's	Northeast Plumbing & Heating Co., Inc.
Cafe Drydock & Inn	Gross, Minsky & Mogul, P.A.	Peekytoe Provisions
Camden National Bank	H.E. Callahan Construction Co.	Richard Parks Furniture
Carroll Drug Store, Inc.	Hale & Hamlin	Route 66 Restaurant
Carroll Harper & Associates, Inc.	Hammond Lumber Company	Saltair Inn
CD&M Communications	Highbrook Motel	Sew & Save, Inc.
Chris Parsons Building and Remodeling, Inc.	Island Place	SMRT Architects & Engineers
Cleary Law Office, P.A.	Jones, Kuriloff & Sargent, LLC	The Snowman Group
Coastal Kayaking Tours	Jordan-Fernald Funeral Home	The Swan Agency Real Estate
Coastal Maine General Contracting, Inc.	Jordan's Restaurant	Wallace Events
Collier & Fahey, P.A.	The Kimball Shop	West Street Cafe
Coston & McIsaac, CPAs	Kimball Terrace Inn	Window Panes
Creative Print Services	The Knowles Company Real Estate	
Cross Insurance	Kozak & Gayer, P.A.	

*As of October 31, 2022*

The goal of MDI Hospital's Business Friends Society is to create a strong support system through collaboration and community as we continue to strive for success in our unique rural and seasonal environment. For information on how to join the Society, please contact [giving@mdihospital.org](mailto:giving@mdihospital.org), or visit [www.mdihospital.org/giving/businessfriends](http://www.mdihospital.org/giving/businessfriends)







*Proudly Supports*

# Mount Desert Island Hospital



**Custom Order  
Your 2023 GMC Today!**



**ALL-NEW 2023  
GMC CANYON**

**2023 GMC  
SIERRA 1500**

**2023 GMC  
SIERRA 2500 HD**

**2023 GMC  
TERRAIN**

**2023 GMC  
ACADIA**

**2023 GMC  
YUKON**



**16 KINGSLAND CROSSING, ELLSWORTH | 207-667-2571**  
**VIEW OUR ENTIRE INVENTORY ONLINE AT [DARLINGSGMC.COM](https://www.darlingsgmc.com)**



# Make the Most of Your Gift!

## Your Guide to Supporting MDI Hospital This Year

Your gift to MDI Hospital today empowers our caregivers to continue being able to protect and care for our community, now and into the future. To get the most out of your generosity, here are some helpful tips on ways to give, potential tax benefits\*, and important dates.

**Write a check.** The easiest way to support MDI Hospital's immediate needs. To make it even easier, you can use the envelope included in this newsletter to make a gift today! Just make sure your gift is postmarked by December 31 for your gift to count for 2022.

**Go online.** A fast and secure way to make a gift via credit card. Donate via our secure giving page by 11:59pm on December 31: [www.mdihospital.org/give](http://www.mdihospital.org/give)

**Gift securities.** If you have owned the securities for more than one year and they are worth more than what you originally paid for them, you may be able to claim a deduction for the full fair market value and eliminate tax on the appreciation.

If you have questions about any of these gift options, or if you have already named MDI Hospital in your estate plans, please contact Ryann Grove, Associate Director of Advancement, at (207) 460-6150 or at [ryann.grove@mdihospital.org](mailto:ryann.grove@mdihospital.org)

*\*This information is not intended as legal advice. Please consult an attorney for legal and tax implications of your gift. As a 501(c)(3) organization, gifts to MDI Hospital are tax-deductible to the extent allowed by law.*

**Make a tax-free gift from your IRA.** Are you 70 ½ or older? You can make a tax-free gift from your IRA in 2022 until December 31. You can donate up to \$100,000 per year directly from your IRA to a qualified charity, including MDI Hospital. The transfer counts towards your required minimum distribution for the year, and as this generates neither taxable income nor a tax deduction, you don't have to itemize to take advantage of this opportunity.

**Leave a legacy: Consider leaving a gift to MDI Hospital in your will.** If you believe in the importance of maintaining high-quality healthcare on Mount Desert Island but can't make a gift today, including a planned gift to MDI Hospital in your will or trust may be the donation option you've been looking for. As a member of our 1897 Society, you will help ensure that MDI Hospital is able to remain independent and here for future generations to come.

## Making An Impact

Because of your support in 2022, MDI Hospital was able to provide innovative, compassionate care to our community

**6,333**

Visits to the Emergency Room

**1,516**

Total Surgeries

**61,440**

Outpatient health center visits

**137,090**

Lab tests

**4,126**

Mammograms

***There's still time to make an impact with your year-end gift today.*** Thank you for helping provide lifesaving healthcare to our Mount Desert Island community!