

Good Medicine

News from the Heart of MDI Hospital

... where the future of rural health care delivery is taking shape.

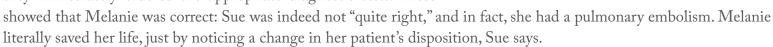
Personalized Care, Life-Saving Outcome A Cancer Patient's Journey Takes an Unexpected Turn

Patients have described the nurses at MDI Hospital as "angels on earth" and "humans with wings," and they say that "the nursing staff gets stuff done." These quotes certainly ring true for Suzanne Bishop of Lamoine, Maine.

In 2017, Sue was diagnosed with breast cancer. She initially had a lumpectomy, and since her margins were not clear, she needed chemotherapy. Weighing all her options for treatment, she chose to be treated in the Oncology Department at MDI Hospital-a decision that ultimately saved her life!

Sue describes the Oncology Department as a "real partnership." Dr. Brooks runs the department, but the two oncology nurses, Melanie and Joyce, are "his eyes and ears," Sue says. She formed very close bonds with both nurses, and one day, when Sue arrived for her treatment, Melanie kept commenting that Sue "just didn't seem right." Sue assumed she was just not feeling well because of the side effects of chemotherapy.

Melanie shared her concerns about Sue with Dr. Brooks, and Grateful patient Sue Bishop credits MDI Hospital's Oncology team they immediately ordered the appropriate diagnostic tests. These



with saving her life.

"I really feel strongly that had they not known me as well as they did," Sue explains, "that may have been missed—and pulmonary embolisms can kill you! Not a little thing! The nurses are very tuned in to their patients."

Sue was admitted to MDI Hospital and thankfully made a full recovery. She experienced a few bumps in the road post-embolism, but knew that she could always rely on Melanie or Joyce. She recalls phoning Joyce with a medication issue and Joyce simply said, I will take care of everything for you. "And she did!" Sue exclaims. "That is what happens...you just build a relationship with them. They really took care of me!"

When asked if Sue would recommend MDI Hospital to a friend, she was quick to answer, "I would. I really think when you have people who really know you, like for cancer treatment, it makes a difference in your healthcare outcomes."







Spring 2023



Kozak & Gayer, P.A.: Committed to Maine's Community

Kozak & Gayer, P.A. has been a member of MDI Hospital's Business Friends Society since 2018, but their roots in the community stretch back much farther. Kozak & Gayer's law practice focuses on healthcare law and was founded in 1995 in Augusta, Maine. The firm is led by seven shareholders and supported by two office staff, providing legal services to healthcare clients in Maine, Colorado and throughout New England.

"MDI Hospital has been a client of our firm for more than 25 years. Through the years, we've gotten to know so many great people who have worked with the Hospital and its other affiliates," the firm's Shareholders



KOZAK & GAYER, P.A.

recently commented. "We take great pride in whatever small way we can help to keep the Hospital running smoothly. MDI Hospital is situated in one of the most beautiful parts of Maine and has an amazing community. We're proud of our affiliation with the Hospital and have a great love for the Bar Harbor area and its community."

In their spare time, the attorneys and staff of Kozak & Gayer enjoy the vast outside recreation opportunities that Maine provides, from fishing and hiking to golfing and sailing, and much more. "We also enjoy working with Maine people. The majority of our clients are from Maine, we love the interaction and strong relationships we've made with so many wonderful people who are natives of Maine." Thank you to Kozak & Gayer for their generous support of MDI Hospital and the people of our community!

For more information about Kozak & Gayer, P.A., please visit: www.kozakgayer.com or call 207.621.4390.

30th Annual David R. Harding Memorial Golf Tournament

Thursday, September 28, 2023 Kebo Valley Golf Club • Bar Harbor, Maine

12:00 PM Shotgun Start • Scramble Format • 18 Holes

\$100 Entry Fee per Person (includes golf cart, gifts, and box lunch)

Prizes for: 1st & 2nd Gross • 1st & 2nd Net • Ladies 1st Net • Mixed 1st Net

Proceeds benefit Mount Desert Island Hospital

For more information, email events@mdihospital.org or visit mdihospital.org/giving/golf



Island Hospital

www.mdihospital.org

First National Bank Named Presenting Sponsor of MDI Hospital's 4th Annual Benefit Dinner



Pictured left to right: Jon Nicholson, SVP/Senior Regional Business Development Officer, First National Bank; Chrissi Maguire, President/CEO, MDI Hospital; Tony McKim, President/CEO, First National Bank; Heather D. Jones, Advancement Officer, MDI Hospital

Mount Desert Island Hospital is pleased to announce that First National Bank will be the presenting sponsor of the Hospital's 4th Annual Benefit Dinner at the Islesford Dock Restaurant on Little Cranberry Island on July 22, 2023.

"As a community bank, we are honored to support MDI Hospital's 4th Annual Benefit Dinner," noted First National Bank President and CEO, Tony McKim. "We recognize the critical role MDI Hospital plays in providing high-quality and compassionate healthcare to our friends and neighbors. As a presenting sponsor, we hope to contribute to their ongoing efforts to improve the health and wellness of our island community."

First National Bank has been a generous supporter and community partner of the Hospital for many decades. Their unwavering support helps provide access to lifesaving programs and services to the Mount Desert Island and surrounding Downeast communities each and every day.

"We are grateful to have First National Bank as our presenting sponsor for our 4th Annual Benefit Dinner," said MDI Hospital President and CEO, Chrissi Maguire. "Their ongoing support and partnership with us have been instrumental in our ability to provide exceptional healthcare services to our patients and the community."

Tickets for the event will go on sale in June. Due to limited spacing, they are available on a first come, first served basis. For more information, please contact events@mdihospital.org.

Nursing Pair Celebrates 60 Years of Combined Service to the MDI Community

Two nurses at MDI Hospital have reached an incredible milestone: 30 years of devoted service to our community. A cause for celebration, indeed! We asked Clinical Nursing Supervisor Vicky Eaton, RN, BSN-SANE, and Intensive Care Unit Night Nurse Lily Sweeney, RN, to share reflections and insights they've derived over the course of their careers.

Lily Sweeney, RN

I came to Mount Desert Island originally as a tourist. My in-laws had a home in Prince Edward Island, and to break up the trip we stopped in Bar Harbor for the night. As we walked the streets and neighborhoods of this little town, we were enchanted. Yes, 31 years ago I was a stranger when I came to this town—now I can't walk through the grocery store without having at least five conversations before I hit the checkout!

Some things have changed a lot at MDI Hospital. We have gone through two computer systems, lots more equipment, new protocols, always more renovations, and the faces of the staff have changed over the years. Medicine and healthcare have evolved from when I first started nursing. What remains the same is the sense of community and family that this Hospital provides to its staff and the community it serves.

So many patients that I have helped through tough times, welcomed with hugs when they have arrived on the unit, and rejoiced with them when they recovered...they aren't just patients to me,



Lily Sweeney, RN, MDI Hospital

they are now part of my MDI family. It doesn't matter if you are from away, off a cruise ship, or a neighbor down the street, people immediately know that they are somewhere that people care about them. Every patient that gives me a smile, or holds my hand, or thanks me for being there with them, that's what makes it all worthwhile.

We aren't a big hospital...but the care we give is exceptional. It starts from the kindness at the registration desk, to the housekeeper that smiles while they do their work, or the cafeteria worker who makes sure that their meal is tasty. It's the doctors and nurses who take the time to talk to patients, and ensure that they are getting the best care possible. It is a group effort that is hard to find anywhere else. It is a gift, pure and simple.

Vicky Eaton, RN, BSN-SANE

It's an honor for me to have been a part of this nationally recognized hospital for 30 years. It's extremely rewarding for me to be able to give back to the community I was born in as a nurse. Rural hospitals are the cornerstones of their communities. It's vital to have a hospital where people have access to good quality healthcare and do not have to leave the Island for it.

I started as a candy striper, volunteering in 1990, and in 1993 I was hired to be a switchboard operator. After that, I worked in various departments: from registration, to hospital orderly, then CNA in the Emergency Department. After graduating from nursing school, I worked on the Medical-Surgical unit, transitioned to the ICU/Telemetry unit, and then back to the ED, where I spent 20 years. Seven years ago, I took a clinical nursing supervisor role.

Because of modern technological advances and cultural shifts over the past many years, hospitals have moved to a more patient-empowered approach that prioritizes prevention. Things have improved, new discoveries made, and what we once thought of as the impossible and unthinkable has become the new normal for the healthcare industry.



Vicky Eaton, RN, BSN-SANE, MDI Hospital

MDI Hospital excels at personalized care; patients prefer to come to us because they know the faces and trust the care they receive. Patients here are able to build a relationship with their nurses, doctors and other healthcare professionals who work with them on a daily basis. We all interact as a team with our patients, providing personal and effective care with the same goal of improving patients' quality of life. And the medical care teams provide ongoing support that doesn't stop at the doors of the Hospital at discharge. We actively work with our patients to help them improve their lifestyles—and consequently their health.

Nursing has always been my calling, and it is an honor for me to care for patients in this community and beyond. Nursing is one of the most personally, spiritually, and professionally rewarding careers there is. Working at MDI Hospital allows me to get to know patients on a personal level, which I feel promotes dignified care. The feeling of making a difference in a person's life is very rewarding and gratifying to me.

What means the most to me is we are family here, and we all work toward the same goals of providing the best care to the patients we serve. It's the mission of the Hospital to strengthen the health of our community, and I feel privileged to live and work in a community that is also so dedicated to this goal.

Quality Care Close to Home

Spring has arrived on Mount Desert Island, which means that we are eagerly looking forward to another beautiful summer with you on MDI. Whether you call Mount Desert Island home or home-away-from-home, MDI Hospital and Health Centers are open year-round to provide high-quality healthcare for both primary and emergent needs for you and your family. We offer a wide variety of services, including an award-winning Medical Imaging department, meaning that you can get the care you need here when you need it.

Services

Behavioral Health Breast Health **Cancer Patient Navigation** Cardiology Care Management-Integrated Care Dentistry **Diabetes Education Emergency** Care Family Medicine Health Coaching Laboratory Services Medical Imaging Music Therapy Nutrition Counseling Obstetrics Oncology & Hematology Orthopedics **Pediatrics** Physical Therapy Platelet-Rich Plasma Therapy Prescription Assistance Primary Care Pulmonology Skilled Rehab Surgery Urology Weekend Care Women's Health

MDI Hospital Health Centers

Breast Health Center 10 Wayman Lane • Bar Harbor • 288.8435

Cadillac Family Practice 322 Main Street • Bar Harbor • 288.5119

Community Dental Center 4 Community Lane • SW Harbor • 244.2888

Community Health Center 16 Community Lane • SW Harbor • 244.5630

Cooper Gilmore Health Center 17 Hancock Street • Bar Harbor • 288.5024

Lisa Stewart Women's Health Center 330 Main Street • Bar Harbor • 288.8100

MDI Behavioral Health Center 322 Main Street • Bar Harbor • 288.8604

MDI Orthopedics 10 Wayman Lane • Bar Harbor • 288.0242

MDI Physical Therapy 16 Community Lane • SW Harbor • 244.9716

Northeast Harbor Clinic 9 Kimball Road • NE Harbor • 801.5909

Trenton Health Center 394 Bar Harbor Road • Trenton • 667.5899

Weekend Care Clinic 17 Hancock Street • Bar Harbor • 801.5077

To learn more about MDI Hospital's doctors and care practitioners, visit the Hospital's website at mdihospital.org.

Patient Support

If you would like help finding a doctor or care practitioner, contact MDI Hospital at 207.288.5081.

24-Hour Emergency Department

207.288.8439

With your generous support, MDI Hospital is proud to have been strengthening the health of our community for over 125 years.

Together, we are continuing to build a healthier future for Mount Desert Island.



ARTEMIS GALLERY

Between August 17 and August 30, a portion of exhibition sales at the Artemis Gallery will benefit Mount Desert Island Hospital.

The exhibition features artwork by: Mary Barnes Liddy Hubbell Maggie Hunt Paul Kelly Robert Haskell

Opening Reception

Thursday, August 17, 2023 5:00–7:00 pm Artemis Gallery 1 Old Firehouse Lane Northeast Harbor, Maine

For more information, please contact: **info@artemisgalleryme.com** or visit: **artemisgalleryme.com**



Mount Desert Island Hospital Named Beneficiary of 2023 Bar Harbor Designer Showhouse



Swan Hospitality Group and Decor Maine have announced the selection of Bar Harbor's 2023 Designer Showhouse that will be open for tours this summer. High up on Hamilton Hill, the mansion on property that once belonged to Al-exander Hamilton's great-grandson will undergo a major transformation with the help of a host of designers.

"This is a quirky house. I've called it a carnival of eccentricities in the past," said Kim Swan of Swan Agency and the event's creative director. "With that in mind, several of us decided that the Showhouse should embrace the fantastical and allow the designers to go as extreme as they want in the design. That will also make it a wonderful spectacle for those touring the home." A couple of iconic features that will not be changed are the ballroom's dramatic chandelier and the massive marble staircase.

An exclusive preview party will be held on Saturday, July 29, and public tours of the transformed mansion will take place from July 30 to August 19. Proceeds from the show benefit Mount Desert Island Hospital's mission to provide compassionate care and strengthen the health of the MDI community.

"Mount Desert Island Hospital is thrilled to be named as the beneficiary of the 2023 Bar Harbor Designer Showhouse at Hamilton Hill. We are so grateful to the Swan Hospitality Group and Decor Maine for their partnership and support of this amazing project, and for the opportunity to connect with new friends and partners," said MDI Hospital President/CEO Chrissi Maguire.

For more information about the 2023 Bar Harbor Designer Showhouse at Hamilton Hill, please contact events@mdihospital.org or visit mdihospital.org/designer-showhouse Join us for the Preview Party

Saturday, July 29 • 5:00 to 7:00 PM

To reserve tickets, use the QR code or visit: mdihospital.org/designer-showhouse





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