

Good Medicine

News from the Heart of MDI Hospital

Summer 2023

... where the future of rural health care delivery is taking shape.

Annual Benefit Celebrates Excellence in Patient Care

"I would not be here today if it wasn't for the Mount Desert Island Hospital. I will never take MDI Hospital for granted ever again." – Jeff Dobbs, Grateful Patient

On a warm summer evening in July, guests gathered at the Islesford Dock Restaurant for MDI Hospital's 4th Annual Benefit Dinner. Attendees heard remarks from MDI Hospital's President and CEO, Chrissi Maguire, and two very special guests, Jeff Dobbs and Karen Sharpe, who shared

their experiences with care at MDI Hospital.

In November 2022, Jeff was sitting at his kitchen counter when his heart suddenly stopped beating and he crashed to the floor. Within minutes of his wife Karen's 911 call, local first responders were at the door and Jeff was rushed to MDI Hospital's Emergency Department where Dr. Nathan Donaldson and his team were already awaiting his arrival.

Had Dr. Donaldson and his team not worked rapidly to restore Jeff's heart rhythm, increase blood flow to his brain, and get him stabilized, he could have suffered severe brain damage or even death. "At that point, I was thinking, 'How can he possibly survive this?" said Karen. "They were trying to find a room for him in Bangor and he was sent there by Life Flight...I remember hearing the helicopter go over."

It was nine more weeks of touch and go after that. Jeff's recollection of events after his heart attack begins a couple of months after his extended hospitalization. In mid-winter, he returned home and began his Cardiac Rehabilitation at MDI Hospital with Sarah McEachern, RN. "My wife had a very difficult time because they didn't give me any



Grateful Patient Jeff Dobbs pictured with his caregivers Sarah McEachern, RN and Vicky Eaton, RN

chance," Jeff says. "They gave me no chances for survival. And, boy, am I glad I showed them up on that one."

"The lifesaving care Jeff received, when every minute counted, gives testimony to the critical importance of your support" said Chrissi Maguire.

Karen and Jeff are now looking forward to the special moments they will share and the vacations they will take together. "It's like we have a second part to our lives," says Karen. "It's just the most wonderful feeling to be able to make those plans and to look forward at what's ahead of us."

As a result of the generosity of attendees, sponsors, benefactors, and supporters, this year's event raised a record-breaking \$420,000 in support of the Hospital's lifesaving programs and services.

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Looking Forward A Message from Chrissi Maguire, MDI Hospital's President/CEO

This summer is a season of profound gratitude for all of us at MDI Hospital.

Seasonal residents and Island visitors have arrived once again to enjoy our coastal home. Downtown streets are bustling; Acadia National Park is active with hikers, bikers and nature lovers. And MDI Hospital is grateful to be ready for the surge in patient visits to our Emergency Department; grateful to be prepared for the increase in tests, images, and treatments. Grateful to you: your annual support ensures our Hospital's readiness, 24-7.

As steadfast donors and friends, you inspire us every day with your commitment, and your generosity is the foundation for our growth and progress. Your annual support directly addresses our community's greatest health needs. You help sustain MDI Hospital's centers of excellence—this includes Emergency Care, Medical Imaging, Medical Education, and our network of Primary Care clinics. And every day, we're educating the next generation of physicians, nurses, assistants, and technicians with your support. You are keeping MDI Hospital at the forefront of medicine.

Each and every day, MDI Hospital delivers highly skilled, responsive, and personalized care that is nationally recognized for excellence. Your support is what makes this possible. Thank you for your commitment to top-quality healthcare for all who live, work and play here; we are profoundly grateful.



30th Annual David R. Harding Memorial Golf Tournament

Thursday, September 28, 2023 Kebo Valley Golf Club • Bar Harbor, Maine

12:00 PM Shotgun Start • Scramble Format • 18 Holes

\$100 Entry Fee per Person (includes golf cart, gifts, & box lunch)

Prizes for: 1st & 2nd Gross • 1st & 2nd Net • Ladies 1st Net • Mixed 1st Net

Proceeds benefit Mount Desert Island Hospital

For more information, email heather.jones@mdihospital.org or visit mdihospital.org/giving/golf





...Islesford Dock, continued from page 1



Susan & Ralph Nurnberger pictured with Betsy & Quinn Mills during the Cocktail Reception



Guest Mazzie Gogolak pictured with MDI Hospital Board Member Sarah Fina



Guests enjoyed dinner at the Islesford Dock Restaurant



Tony McKim (on right), President/CEO of First National Bank, joined by guests for dinner at the Presenting Sponsor table

We are deeply grateful to all of our Business Sponsors & Benefit Patrons for their generous support of this special celebration.

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2023 Bar Harbor | Hamilton Hill

On July 29, more than 250 guests gathered high up on Hamilton Hill in Bar Harbor for the Grand Opening of the 2023 Bar Harbor Designer Showhouse. The magnificent home overlooking Bar Harbor and Frenchman Bay is owned by Michael Ross, Norman Ross, and Garric Worcester, and was selected by Swan Hospitality Group and Décor Maine as this year's Designer Showhouse. The property on Hamilton Hill underwent a major transformation with the help of a dozen designers before opening in late July for tours through mid-August, with more than 1,000 guests walking through the doors.. Mount Desert Island Hospital is honored to have been chosen as the beneficiary and the event raised more than \$50,000 in support of the Hospital's life-saving programs and services.



Guest Martha Stewart shown visiting the Showhouse's Conservatory



Preview Party guests were treated to a special performance by Broadway alum Lisa Vroman, Bonne Kramer, John Mcveigh, Fred Rose and Ben Kiley



Kim Swan, Founder and Creative Director of the 2023 Bar Harbor Designer Showhouse



Showhouse Designer Brett Johnson poses in the finished primary bedroom



MDI Hospital President/CEO Chrissi Maguire poses with guests during the reception



MDI Hospital President/CEO Chrissi Maguire with special guest Dick Wolf

The 2023 roster included both returning and new designers on the team, resulting in the most exciting and talent-filled Showhouse to date:

Terri and Gregg Scott

Brett Johnson MSDCo

Rob Kreig and Mike Rogers Lark Studios

> Annie Kiladjian Annie K Designs

Larry Stoddard *Distinctive Tile*

Nina Campbell Nina Campbell

Melanie Millner The Design Atelier

Tim Harrington, Krista Stokes, Mark Cotto Atlantic Hospitality/Claremont Hotel

> Louise Hurlbutt Hurlbutt Designs

Nicola Manganello Harnden Nicola's Home

Leandra Fremont-Smith Leandra Fremont-Smith Interiors

> Tim Murphy Tim Murphy Studios



Showhouse Designer Louise Hurlbutt poses for a photo with her family in front of the Hamilton Hill property



Kim Swan joined by the 2023 Bar Harbor Designer Showhouse Designers

Machias Savings Bank Doubles Down on Commitment to MDI Hospital



Following an initial commitment of \$10,000 in 2022, Machias Savings Bank has made an additional \$10,000 donation in support of the Mount Desert Island Hospital's Workforce Support Initiative. The initiative helps support career development opportunities and provides professional training programs and incentives to help improve staff retention and recruitment efforts.

"Mount Desert Island Hospital is a vital resource for the MDI community - one that we're pleased to offer continued support," said Matt Horton Vice President-Branch Manager at Machias Savings Bank. "The Hospital has already demonstrated an incredible dedication to better serving the community and has impressive plans for expanding that support in the years to come." Commitment to community is a part of Machias Savings Bank's DNA, says Horton. As a local with deep roots on MDI, this means a lot to him personally. "This is my hometown, and I'm proud to be providing a service that helps people. I think everyone on the Island sleeps a little better at night knowing the Hospital is right down the street we're blessed to have it here."

"Machias Savings Bank's generous gift made a transformational difference in the Hospital's ability to provide high-quality, compassionate healthcare to our community in 2022 through the retention and recruitment of top-quality staff," said Chrissi Maguire, President and CEO of MDI Hospital. "Together, we are building a brighter, healthier tomorrow for our community."

Join Us for MDI Hospital's Community Celebration

September 13, 2023 • 5:00 – 7:00 PM Bar Harbor Club • 111 West Street, Bar Harbor, Maine

Cash Bar • Hors d'oeuvres • MDIH Auxiliary Silent Auction & Raffle

For more information or to RSVP, please email events@mdihospital.org or call 207-801-8709

Ursula E.J. Lee & Dr. Leung Lee Memorial Awards

Memorial Gift Recognizes Exceptional Nurses



Mount Desert Island Hospital is pleased to announce the four winners of its 2023 Ursula E.J. Lee & Dr. Leung Lee Memorial Award for Nursing Excellence: Ellen Dacorte, RN, Katie Ray, RN, Neely Adams, RN, and Holly Doyle, RN.

Established by Dr. Leung Lee in memory of his wife, the Ursula E.J. Lee & Dr. Leung Lee Memorial Award for Nursing Excellence honors the compassionate, loving care Ursula received from her nurses at MDI Hospital. The award is given to four nurses each year who demonstrate clinical excellence and a commitment to compassionate care in their nursing practice.

"Excellence in nursing is at the forefront of our mission, to provide critical access to quality care. Quality care goes beyond medical practice, it means leading with kindness and compassion," said Chrissi Maguire, President/CEO of MDI Hospital. "Our nurses live our mission every day, and the Ursula E.J. Lee & Dr. Leung Lee Memorial Award for Nursing Excellence gives us the opportunity to recognize those who go above and beyond."

A ceremony was held for the award recipients, with family, friends and many Hospital colleagues tuning in remotely to offer congratulations. As she presented the awards, Vice President of Nursing Samantha Foss said: "I think the great part of this award ceremony is that these awardees are patient-centric nurses, and that is the meaning of nursing: Patient-centered care and patient advocacy. So, I thank you for keeping the patient at the center of all your decision-making and in the care that you deliver."

Dr. and Mrs. Lee's son, Brian Lee, joined virtually to congratulate the recipients and share a brief history of his parents' lives, their deep connection to the nursing field, and their shared love of Mount Desert Island. "My mother, Ursula, was a nurse in England. As a World War II refugee, Ursula began her career as a way to support herself and to finance her immigration to the United States," said Brian Lee. "She was given a scholarship to attend Oxford University, but instead chose a nursing career as a way to give back. Her choice gave her independence and real meaning.

"My father, Dr. Leung Lee, was a clinical researcher with a specialty in Pathology. He worked closely with nurses in a hospital setting and really understood and appreciated the importance of the nursing field. Dad was always so impressed by MDI Hospital and the quality of care delivered here.

"Thank you for keeping true to the spirit of the award through this event, and congratulations to the winners and all the past winners," added Lee. "Dad [established this award] because he and Mom knew how important nurses are, how important personal care is, how much it means to the patients, and how critical it is."

MDI Hospital-Penn Medicine Conference Brings Leading-Edge Trauma Care Education to Coastal Maine



More than sixty healthcare professionals from all over Maine, including MDI Hospital staff, LifeFlight of Maine crew and many EMS providers, gathered in Bar Harbor for the annual UPenn Conference this past May.

In May 2023, MDI Hospital held its Annual Penn Medicine Conference at the Atlantic Oceanside in Bar Harbor. The two-day conference brought more than sixty healthcare professionals from Hancock, Washington, Penobscot and Kennebec counties to learn about best practices and the latest advances in trauma care.

"As someone who has been involved with the MDIH/HUP collaboration for almost a decade now, both as a visiting resident and attending, I understand the significance of our symbiotic relationship more than ever," said Brett E. Guido, MD, Associate Professor of Emergency Medicine at Penn Presbyterian Medical Center. "The opportunity to create a tailored conference for the community of Mount Desert Island was a highlight of my career and I look forward to improving the conference each year."

In addition to the annual conference, the MDI Hospital-Penn Med partnership brings Penn residents and medical students to MDI Hospital to practice in two-week rotations throughout the summer, which helps augment staffing to accommodate seasonal population growth.

The success of the partnership has paved the way for exponential growth, as MDI's medical education program now hosts students and residents from Penn Medicine, Tufts, Brown, University of New England, and Massachusetts General Hospital for clinical rotations ranging from two weeks to nine months.

"Our Penn Medicine partnership is at the core of MDI Hospital's innovative medical education program, providing a dynamic, flexible staffing model that best serves our year-round and seasonal communities and brings lifesaving procedures right here to Maine," says Chrissi Maguire, President/CEO of MDI Hospital. "Today, MDI Hospital is a center of excellence for emergency medicine and critical care, and our clinical rotations are highly sought after."

The program, oft-cited as a model for innovative urban-rural partnership, is a two-way street. It provides Penn physicians, residents and medical students with exposure to the unique aspects of rural practice, and in turn, regional practitioners benefit from exposure to the latest techniques, best practices and leading-edge educational opportunities.

To learn more about the program, contact Oka Hutchins, Director of Advancement at oka.hutchins@mdihospital.org.