- OB/GYN Services
- Immunizations
- Laboratory Services
- EKG

# **Health Insurances Accepted**

We work with most insurance companies. Please contact one of our offices to find out more information.

No insurance? No problem. We accept self-pay patients and have team members that can assist with your needs.

NOTES



Scan QR Code for more information

### **Behavioral Health Center**

322 Main Street, Bar Harbor

### **Breast Health Center**

10 Wayman Lane, Bar Harbor

## **Cadillac Family Practice**

322 Main Street, Bar Harbor

# **Community Dental Center**

4 Community Lane, Southwest Harbor

# **Community Health Center**

16 Community Lane, Southwest Harbor

# Cooper Gilmore Health Center

17 Hancock Street, Bar Harbor

# Lisa Stewart Women's Health Center

330 Main Street, Bar Harbor

#### **Northeast Harbor Clinic**

9 Kimball Road, Northeast Harbor

# **Orthopedics & Urology**

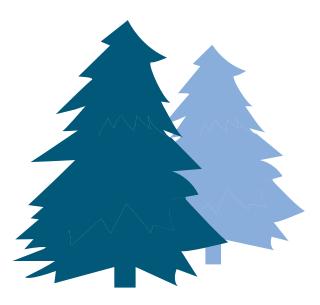
10 Wayman Lane, Bar Harbor

# **Trenton Health Center**

394 Bar Harbor Road, Trenton



# Patient-Centered Medical Home



# Mount Desert Island Hospital

207-288-5081

www.mdihospital.org

10 Wayman Lane | PO Box 8 Bar Harbor, ME 04609

# What Is a Patient-Centered Medical Home?

The patient-centered medical home (PCMH) is a model of care that puts patients at the forefront. PCMHs build better relationships between patients and their clinical care teams. Research shows that PCMHs improve quality and the patient experience and increase staff satisfaction - while reducing healthcare costs.

# The goals of our medical home are to:

- Focus on you and address all of your healthcare needs with
  - preventive health
  - physical health
  - behavioral health
- Assist you in taking an active role in your healthcare and well-being.
- Provide you with a highly skilled, helpful, friendly, and respectful care team.
- Make every effort to meet your personal needs and preferences to achieve your healthcare goals.

# What Can You Expect from a Medical Home?

# **Personal Clinician**

You will have an ongoing relationship with your personal clinician. The clinician will provide and lead the staff members to ensure your continuous care.

# **Whole-Person Orientation**

We are responsible for fulfilling all of your

healthcare needs across multiple settings such as: specialists, hospitals and behavioral health facilities.

# **Coordinated/Integrated Care**

We use technology and enhances communication to assure that you get the recommended care when and where you need and want it.

# **Comprehensive Patient Care**

We ask you to provide us with the most up-todate information on the following:

- current medications
- personal and family history
- health status
- test results
- self-care information
- medical records from your other providers

# **Quality and Safety**

We use methods that are based on scientific research (evidence-based medicine) to provide you with advanced treatment. We provide patient and family support for management of healthcare needs regardless of your insurance status through:

- educational resources
- self-management
- medical literature

# **Transferring Your Medical Records to Our Practice**

We will assist you in retrieving your medical records from your previous healthcare provider.

### **Care Outside Our Practice**

Please inform us if you sought services from an urgent care facility, walk-in clinic, hospital, or

other provider. We would like to maintain your most up-to-date medical information to provide you with the best possible care.

# **After-Hour Services**

If you need to speak with one of our providers urgently when the office is closed, you may contact us for after-hours information.



# **Behavioral Healthcare Needs**

It is important for us to meet your mental health and substance abuse treatment needs. For this reason, we conduct screenings and collect mental health and drug/alcohol use history of the patient and family.

Conducting these screenings and taking this history allows our practice to refer patients in need of counseling. Upon request, we will make our records available to the mental or behavioral specialist.

# Some of the Services Offered at Our Clinics:

- Preventative Medicine
- Pediatric Services
- Geriatrics
- Internal Medicine
- Family Medicine