



...where the future of rural health care delivery is taking shape.

What a Great Day to Be a Nurse!

This spring, Connors Emerson School hosted a STEAM (Science, Technology, Engineering Arts and Math) night, formerly known as their science fair, for their elementary students and families. Barbara Jean Bragdon, RN, BSN, MSN, CCRN, Clinical Student Educator, was invited for an interactive experience in the nursing field.

Using a mannequin and following Barbara Jean's instruction, students learned basic techniques for dressing wounds, using a dual stethoscope for listening to heart beats and lung sounds, and administering vaccines.

"It was wonderful that MDIH and Connors Emerson School provided this opportunity to bring exposure and maybe promote a career in the health services," said Barbara Jean of the experience. "The highlight of this event for me was to hear the excitement of students saying, 'I want to be a nurse!'"

MDI Hospital nurse educator Barbara Jean Bragdon instructs Connors Emerson students during a hands-on nursing demonstration at the school's recent STEAM (Science, Technology, Engineering Arts and Math) night.



"Barbara Jean was amazing tonight teaching the kids of Connors Emerson about nursing and encouraging them to care for others. So many kids listened earnestly and followed her directions to see how they could provide for others. Some kids came back to her multiple times, you could tell she was getting them excited about the things they were learning."

— Kala Ward



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A Message from Chrissi Maguire, MDI Hospital's President/CEO

As spring weather arrives on Mount Desert Island, we are reminded that summer is just around the corner. MDI Hospital looks forward to several events planned for the summer to celebrate our hardworking staff members, our supporters and friends, our progress, and our future.

Another sign of summer at MDI Hospital: our Emergency Department begins to see hundreds more patients every month, operating over 300 percent above capacity as we serve more than 4,000,000 residents and visitors.

As a lifesaving safety net for this community, our ED is the 24/7 core of MDI Hospital. It has been more than 20 years since this essential unit's last renovation, and those years have brought monumental changes: new medical protocols and equipment, more staff members, an influx of pre-professional students, and a growing patient population. To meet these challenges, MDI Hospital has developed a renovation and expansion plan for the ED which will rise to the demand for our renowned medical services, now and in the future.

I'm proud and grateful to report that MDI Hospital is receiving \$5,000,000 in federal funds to help expand and renovate the ED. This month, U.S. Senator Susan Collins, vice chair of the Senate Appropriations Committee, and U.S. Sen. Angus King announced the funding as part of \$42,297,000 secured in Congressionally Directed Spending for Maine hospitals and health centers for the next fiscal year. This transformational award will make a profound and lifesaving impact, helping to expand access to essential care on Mount Desert Island for all.

MDI Hospital's Behavioral Health Center is also experiencing an acute need for its supportive, impactful services. As the only comprehensive behavioral health center in our district, we are strongly focused on increasing availability for new patients, especially children and young adults, and expanding outreach to patients of all ages.

The pandemic caused significant disruptions in routines and social isolation, which was especially challenging for our region's youth. Nationally, the CDC has tracked a rise in substance use, anxiety, depression, adolescent suicide and eating disorders, among others. Our response is



Chrissi Maguire, President & CEO of MDI Hospital, reading to a class at Conners Emerson School, Bar Harbor, Maine

ongoing and includes increased staffing for all ages, enhanced child/adolescent therapy support, the co-founding of the MDI Regional Wellness Coalition, and substance use disorder treatment partnerships with Healthy Acadia and other regional agencies.

As you are reading this newsletter, I hope you will take pride in knowing that your support of MDI Hospital is absolutely vital. Our ability to respond to our community's urgent health needs is built upon the contributions of friends like you. Every gift signals your understanding that MDI Hospital is at the center of health and well-being for Downeast Maine, and every life we save reinforces that commitment. As MDI Hospital grows and evolves, you are our valued partners, and we thank you.

March into Reading at Conners Emerson Elementary



Teachers and staff at Conners Emerson Elementary School graciously welcomed MDI Hospital employees to join classes for half-hour reading sessions with students. From kindergarten to fourth grade, Hospital staff filled nearly 30 time slots during Reading Week in March. Pictured above is Chrissi Maguire, MDI Hospital's President & CEO, with one of the classes.

31st Annual David R. Harding Memorial Golf Tournament

Thursday, September 26, 2024

Kebo Valley Golf Club • Bar Harbor, Maine

12:00 PM Shotgun Start • Scramble Format • 18 Holes

\$100 Entry Fee per Person

(includes golf cart, gifts, and box lunch)

Prizes for:

1st & 2nd Gross • 1st & 2nd Net • Ladies 1st Net • Mixed 1st Net

Proceeds benefit Mount Desert Island Hospital

For more information, email events@mdihospital.org

or visit mdihospital.org/giving/golf



PRESENTED BY:



Join Us for MDI Hospital's Community Celebration

September 11, 2024 • 5:00 – 7:00 PM

Bar Harbor Club

111 West Street, Bar Harbor, Maine

Cash Bar • Hors d'oeuvres

MDIH Auxiliary Silent Auction & Raffle

For more information or to RSVP, please email events@mdihospital.org or call 207-801-8709



In celebration of National Doctors' Day on March 30, patients recognized their caregivers with words of gratitude, while local students expressed their sentiments with drawings.

"George Shafranov stands out to me because of his enthusiasm, his commitment to NOT ordering unnecessary procedures and his Fisher cat story!! I'm grateful."

"Dr. Hanson is the Mary Poppins of health care providers—absolutely perfect in every way!"



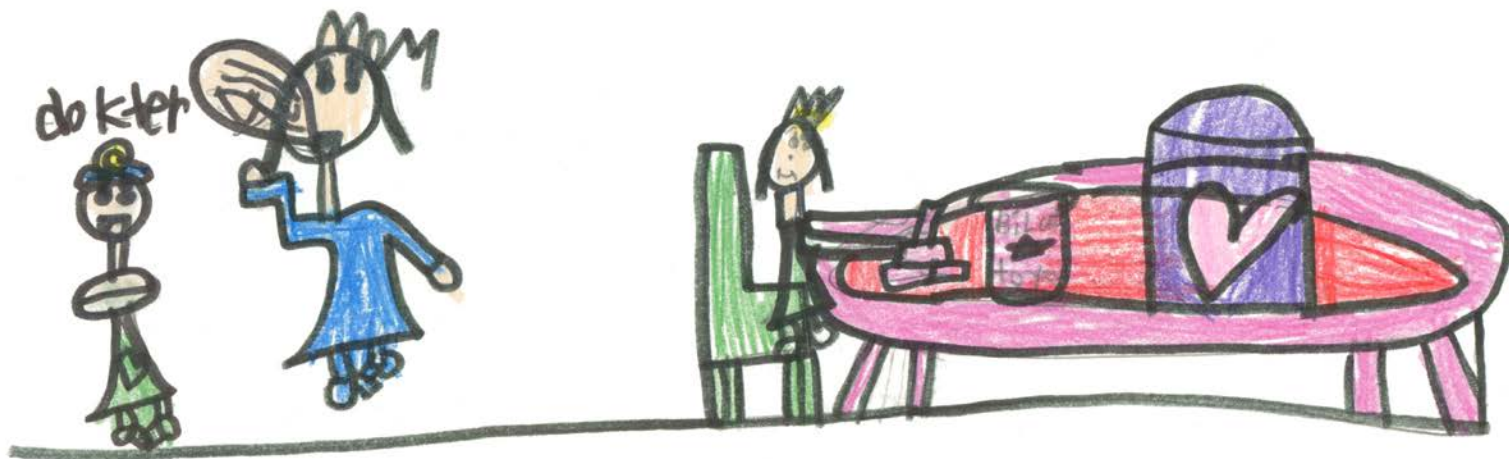
"Thank you to the ER people who treated me so well last July when I fell and hit my head. They were wonderful!"

"Thank you to every member of the SWH Community Health Center staff!!! You are marvelous."

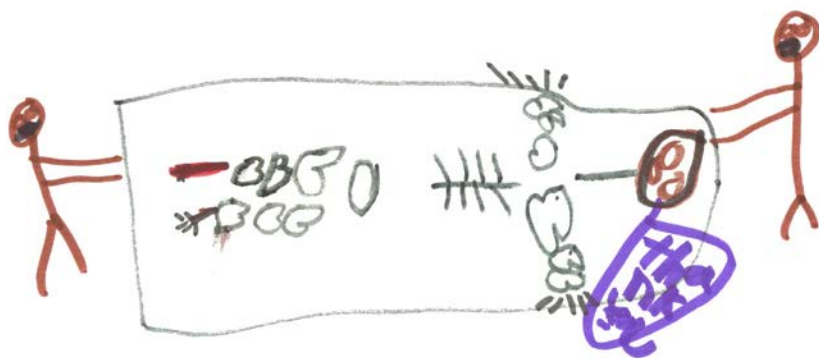
"As I approach my 80th bday, I've received medical care from many doctors and nurses nearly all of whom I have liked very much but Angie is in a league of her own in terms of caring."



"Thank you Linda Crowell for listening with empathy."



"Thank you for creating a warm and welcoming atmosphere for your patients while meeting their needs with such a high level of skill, Dr. Hanke. The community is very fortunate to have you here."



"My husband and I have been coming to Trenton Health for a very long time and have received excellent care!"

"In recognition for the important work of the MDI Oncology team. Dr. Brooks, Joyce Macintosh and Melanie Clauson"

"Thanks again for saving my husband's life in July 2023"



thank you for taking
care of us!

Medical Education Program: A Change in Leadership

In 2019, Julian Kuffler, MD, MPH retired from active medical practice after 35 years of family medicine, care coordination, and public health advocacy on MDI. He did not, however, retire from MDI Hospital; instead, he became our first Director of Medical Education. Over the next five years, Dr. Kuffler built coalitions with university and hospital partners to introduce the next generation of caregivers to MDI Hospital's medical environment. Our students include aspiring physicians, psychiatrists, PAs, nurse practitioners, RNs, midwives, pharmacists, CNAs, dentists, and music therapists.



Dr. Julian Kuffler, Director of Medical Education, retires in May

Dr. Kuffler, assisted by Program Coordinator Ann Worrick, innovated an education framework that integrates medical, behavioral, and social treatment of patients and their families into the practice of medicine. For example, they implemented community health rotations that help students understand how to find and support community-based treatments for chronic diseases.

Early in his tenure as Director, Dr. Kuffler realized that the housing crisis on MDI was reflected on a smaller scale for our own students. He successfully spearheaded MDI Hos-

pital's concept for a medical education facility that would provide comfortable living space, common areas for meals, and gathering rooms for workshops and collaboration. This spring, the beautiful new Kogod Center for Medical Education will be welcoming its first students-in-residence, made possible by leadership philanthropic support from Robert and Arlene Kogod and their children, Lauren, Leslie and Stuart.

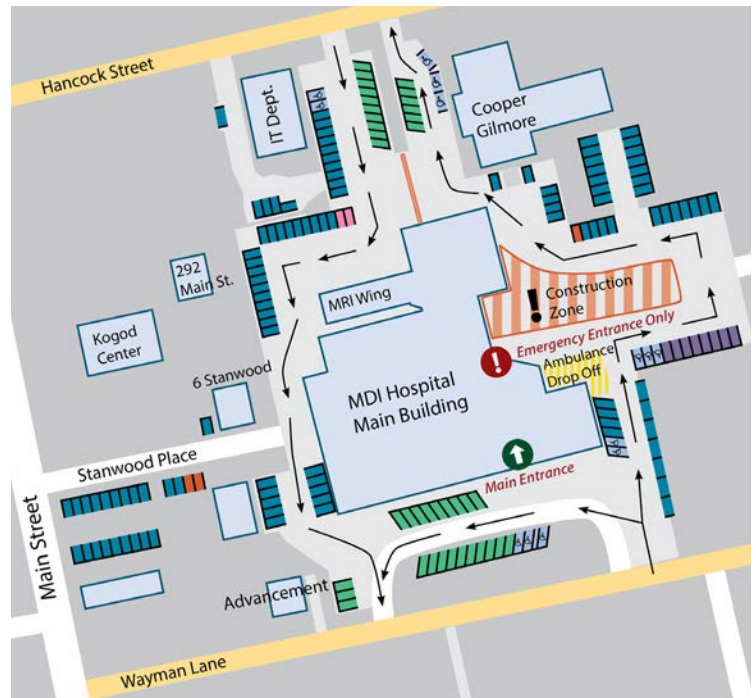
Dr. Julian Kuffler's purposeful groundwork has been pivotal for our Medical Education Program's growth and progress. In May, he will retire again, departing MDI Hospital for richly deserved and long-awaited leisure time.

His successor as Director of Medical Education is Nathan Donaldson, DO, MHA, FACEP. Dr. Donaldson is a board-certified emergency physician who previously served as the Director of MDI Hospital's Emergency Department. In that capacity, he worked side-by-side with many medical residents and other aspiring caregivers, giving him first-hand insight into our education program's strengths and potential. We look forward to profiling Dr. Donaldson in an upcoming issue of *Good Medicine*.

MDI Hospital Main Campus Construction

If you haven't visited our hospital yet this year, we have some exciting changes already underway. The Central Utility Project (CUP) broke ground in September of 2023 and is expected to be completed in the spring of 2025. This project will consolidate key mechanical systems, improving ventilation, heating, and electrical infrastructure, while improving energy efficiency using modern equipment needed to support future renovation and expansion.

While construction is underway, the main hospital campus traffic flow and parking map have been altered as to not lose any patient parking and to accommodate the new main entrance on Wayman Lane. Please use the QR code to the right to view the parking and traffic map and learn more about this exciting project at MDI Hospital.



Quality Care Close to Home

Spring has arrived on Mount Desert Island, which means that we are eagerly looking forward to another beautiful summer with you on MDI. Whether you call Mount Desert Island home or home-away-from-home, MDI Hospital and Health Centers are open year-round to provide high-quality healthcare for both primary and emergent needs for you and your family.

MDI Hospital Health Centers

Breast Health Center at MDI Hospital
10 Wayman Lane, Bar Harbor • 288.8435

Cadillac Family Practice
322 Main Street, Bar Harbor • 288.5119

Community Dental Center
4 Community Lane, Southwest Harbor • 244.2888

Community Health Center
16 Community Lane, Southwest Harbor • 244.5630

Cooper Gilmore Health Center
17 Hancock Street, Bar Harbor • 288.5024

Lisa Stewart Women’s Health Center
330 Main Street, Bar Harbor • 288.8100

MDI Behavioral Health Center
322 Main Street, Bar Harbor • 288.8604

MDI Orthopedics
10 Wayman Lane, Bar Harbor • 288.0242

Physical Therapy
10 Wayman Lane, Bar Harbor • 288.5082, ext. 1354
16 Community Lane, Southwest Harbor • 244.9716
394 Bar Harbor Road, Trenton • 667.5899, ext. 6120

Northeast Harbor Clinic
9 Kimball Road, Northeast Harbor • 801.5909

Trenton Health Center
394 Bar Harbor Road, Trenton • 667.5899

Weekend Care Clinic
17 Hancock Street, Bar Harbor • 801.5077

Patient Help Line
Have Questions? We are here to help!
Kala Ward, Patient Advocate
207.288.5081, ext. 1112

24-Hour Emergency Department
207.288.8439



Services

- | | |
|---------------------------------|------------------------------|
| Behavioral Health | Obstetrics |
| Breast Health | Oncology & Hematology |
| Cancer Patient Navigation | Ophthalmology |
| Cardiology | Orthopedics |
| Care Management-Integrated Care | Pediatrics |
| Dentistry | Physical Therapy |
| Diabetes Education | Platelet-Rich Plasma Therapy |
| Emergency Care | Prescription Assistance |
| Family Medicine | Primary Care |
| Health Coaching | Pulmonology |
| Laboratory Services | Skilled Rehab |
| Medical Imaging | Surgery |
| Music Therapy | Urology |
| Nutrition Counseling | Weekend Care |
| | Women’s Health |

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HOME • AUTO • LIFE**

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