



Mount Desert  
Island Hospital

# Good Medicine

*Your impact at the heart of Island health*

Summer 2025

## You Were There When Every Step Counted



*Your generosity keeps our community safe — from trail to treatment.*

# You Were There When Every Step Counted

When Melinda Bond was injured on a hike in August 2024, she needed help and fast. This story is one example of how your generosity helped Melinda get safely off the trail and to MDI Hospital's Emergency Department.



*Melinda Bond and her rescue crew travel by boat across Jordan Pond to meet the ambulance waiting to transport her to MDI Hospital.*

While on vacation in Bar Harbor, my husband, Scott, and I were hiking at Jordan Pond in Acadia National Park. I fell and instantly knew that I had badly broken my leg. Fortunately, we were rescued by a highly skilled emergency team in Acadia led by a Park Ranger. The team put a boat on Jordan Pond to reach me and had an ambulance waiting for me at the boat launch, which took me to MDI Hospital.

Dr. Eric Maughn and his team were in the Emergency Department and took over my care. They were all very professional, knowledgeable, and caring. Scott and I were both scared, as we were far from our home in Atlanta and unfamiliar with this hospital or the doctors. The team made us feel comfortable and answered all our questions. Since I needed surgery, Dr. Stuart Davidson explained everything thoroughly to us and was able to perform the surgery that afternoon.

I stayed in the hospital for three nights and had an exceptional team of nurses and nurse assistants. Everyone was caring, helpful, knowledgeable, and polite. They were willing to spend time with me and help make me comfortable. Dr. Davidson checked on me every day, even on the weekend.

Four days after the surgery, I returned home to Atlanta and followed up with my orthopedic surgeon. After taking X-rays, my surgeon said that my surgery was excellent, and I was healing well.

It has been six months since my fall and surgery. I am very thankful for the wonderful care I received from the rescue team, ambulance squad, and MDIH medical professionals. Coming from a large city, I was nervous about having surgery and being admitted to a hospital in a small town. The excellent care that I received far exceeded my expectations.

*Gratefully, Melinda Bond*

## Join the Lifeline Circle: Give Monthly to Support Local Healthcare

In rural communities like ours, access to quality, compassionate healthcare is not taken for granted—it's made possible by people like you.

By becoming a monthly donor to MDI Hospital, you provide steady, reliable support that helps us respond to everyday needs and unexpected emergencies alike.



### Why Give Monthly?

- **Impact All Year Long**  
Your ongoing support helps ensure that care is available whenever and wherever it's needed most.
- **Easy and Flexible**  
Set your monthly amount once, and you can adjust it at any time.
- **Cost-Effective Giving**  
Smaller monthly gifts add up to a big impact without straining your budget.

Every dollar stays local, strengthening our hospital and the health of our neighbors, friends, and families.

[mdihospital.org/giving/give-now](https://mdihospital.org/giving/give-now)

Thank you for standing with us.  
Together, we are the heart of rural healthcare.



*Dr. Dan Lomelin tends to a young patient at the Community Health Center in Southwest Harbor. As a family physician, he provides compassionate, expert care to patients of all ages, thanks to you!*

## Your Impact in their Words... Gratitude from the Community

**"Many thanks to each of you for the different parts of my physical and mental health."**

**"My family's healthcare has been awesome!"**

**"It is very reassuring to have healthcare providers who actually know your name and really care about your total wellbeing."**

# Your Participation Helps Feed Our Community

## *20<sup>th</sup> Annual MDI Rotary Adventure Mini Golf Challenge Raises \$5,000 for MDI Hospital's Food Insecurity Program*

On May 17, community members came together to brave a rainy spring morning of mini-golf at Pirate's Cove in Bar Harbor, in support of a worthy cause. Despite the inclement weather, the 20<sup>th</sup> Annual MDI Rotary Adventure Mini Golf Challenge was a resounding success, raising \$5,000 for MDI Hospital's Food Insecurity Program. It was a day of fun, camaraderie, and a shared commitment to supporting a program that has shown an increasing need in our community.

In 2019, MDI Hospital partnered with Good Shepherd Food Bank to make bags of non-perishable food available at our health centers for individuals facing food insecurity. Building on that foundation, we launched our "Help Yourself Shelves" in 2023— giving patients the option to take home a bag of food without needing to disclose that they are experiencing food insecurity. By removing this barrier, use of the program tripled, showing just how impactful accessible support can be. The proceeds from the Mini Golf Tournament will allow this program to continue, ensuring no patient has to go without critical nourishment for themselves or their family.

A heartfelt thank you to the MDI Rotary and Pirate's Cove for hosting this meaningful event, to the generous businesses and individuals who sponsored the challenge, and to all who took part in making this day so enjoyable. Your support enables us to continue offering compassionate, local care to our friends and neighbors during their time of greatest need, and for that, we are truly grateful.



*Mini-golf challenge attendees play through the rain to support MDI Hospital's Food Insecurity Program!*

# Expanding Mental Health Care on the Quietside

Thanks to your support, expanded counseling services are now available in Southwest Harbor. Lynne Assaf, LCSW—a trusted and compassionate member of our care team—is now seeing patients at the MDI Hospital Community Health Center.

A licensed clinical social worker with deep roots in our community, Lynne brings empathy, experience, and a warm, client-centered approach to each session. Her work helps individuals facing anxiety, depression, stress, and life transitions build resilience and find healing.

“It’s a privilege to walk alongside people in their most vulnerable moments and help them reconnect with their own strength,” says Lynne.

In a time when one in four Maine adults is living with a mental health condition, and access to timely care is harder than ever, your generosity is making a real difference—bringing life-changing services closer to home.

For more information or to schedule an appointment, contact the MDI Hospital Community Health Center in Southwest Harbor at 207.244.5630.



*Lynne Assaf, LCSW—a trusted and compassionate member of our care team—is now seeing patients at the MDI Hospital Community Health Center, expanding availability of counseling services on the quiet side of MDI.*



## You're Invited!

**MDI Hospital's Community Celebration**

**August 27, 2025 • 5:00 – 7:00 PM**

**Bar Harbor Club**

**111 West Street, Bar Harbor, Maine**

**Cash Bar • Hors d'oeuvres**

**MDIH Auxiliary Raffle**

For more information or to RSVP, please email [events@mdihospital.org](mailto:events@mdihospital.org) or call 207-801-8709

***We're grateful for you!***



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