



Mount Desert  
Island Hospital

## Community Benefits Report

Fiscal Year 2024 (May 2023–April 2024)







*Above: Employees gather on Wear Pink Day to promote Breast Cancer Awareness  
Left: Our employees are the heart of our organization: a group gathers by the Hospital entrance*



Mount Desert Island Hospital is committed to improving health and quality of life in the MDI region. Through innovation and effort, we strive to meet the evolving needs of our community with a compassionate, patient-centered approach to care. Our dedication to excellence has been recognized with national awards for patient satisfaction and for the delivery of top-quality care in a rural setting. Today, MDI Hospital's innovative approach serves as a model for rural healthcare delivery for our nation.

## Our Mission

To provide compassionate care and strengthen the health of our community by embracing tomorrow's methods and respecting time-honored values.

## Our Vision

To be our community's medical home by pursuing innovative models throughout the continuum of care. Our integrated system will be the standard by which others are measured.

## Our Values

**Community • Compassion • Improvement • Integrity • Respect • Teamwork**

As one of the largest employers on MDI, Mount Desert Island Hospital provided approximately 539 jobs in fiscal year 2024. Our network of Island health centers is our frontline, providing the community with top-quality, individualized primary care where patients feel most at home. Our Hospital network offers six primary care facilities in Bar Harbor, Northeast Harbor, Southwest Harbor and Trenton as well as a full-service dental clinic, a nationally recognized Breast Health Center and comprehensive behavioral health services.



## Our Health Centers

**Breast Health Center  
at MDI Hospital**  
10 Wayman Lane, Bar Harbor

**Cadillac Family Practice**  
322 Main Street, Bar Harbor

**Community Dental Center**  
4 Community Lane,  
Southwest Harbor

**Community Health Center**  
16 Community Lane,  
Southwest Harbor

**Cooper Gilmore Health Center**  
17 Hancock Street, Bar Harbor

**Lisa Stewart Women's Health Center**  
330 Main Street, Bar Harbor

**MDI Behavioral Health Center**  
322 Main Street, Bar Harbor

**MDI Hospital General Surgery**  
17 Hancock Street, Bar Harbor

**MDI Orthopedics**  
10 Wayman Lane, Bar Harbor

**MDI Urology**  
10 Wayman Lane, Bar Harbor

**Northeast Harbor Clinic**  
9 Kimball Road, Northeast Harbor

**Trenton Health Center**  
394 Bar Harbor Road, Trenton

**Physical Therapy**  
10 Wayman Lane, Bar Harbor  
16 Community Lane,  
Southwest Harbor  
394 Bar Harbor Road, Trenton

**Weekend Care Clinic**  
17 Hancock Street, Bar Harbor

## MDI Hospital Organization Services

In FY 2024, our healthcare professionals offered skilled services to the Downeast Region including:

24-7 Emergency Room  
Adult Day Program  
Anti-Coagulation Clinics  
Behavioral Health  
Breast Health Care  
Cancer Patient Navigator Program  
Cardiac Rehabilitation  
Cardiology  
Cardiopulmonology  
Care Management  
Critical Care/ICU  
Dental/Oral Health Services  
Diabetes Education  
Elder Care

Family Medicine  
Health Coaching  
Laboratory Services  
Medical Imaging  
Music Therapy  
Nursing  
Nutrition Counseling  
Obstetrics  
Occupational Medicine  
Oncology and Hematology  
Ophthalmology  
Orthopedics  
Palliative Care  
Platelet-Rich Plasma Therapy

Pediatrics  
Pharmacy  
Physical Medicine  
Physical Therapy  
Prescription Assistance  
Primary Care  
Pulmonology  
Short Term Rehabilitation  
Speech Therapy  
Sports Medicine  
Surgical Services  
Urology  
Weekend Care Clinic  
Women's Health

# Free & Uncompensated Care

Mount Desert Island Hospital and Health Centers do not turn away those in need of medical care, regardless of their ability to pay. The organization provided \$772,166 in free and uncompensated care in FY 2024.

## Subsidized Health Services

### Strong and Steady Exercise Class

MDI Hospital's free Wellness Program provided seven classes per week for 50 weeks to a total of 5,000 participants.

### Fitness for Parkinson's Exercise Class

MDI Hospital's free Wellness Program provided two classes per week for 50 weeks to a total of 500 MDI Hospital employees and community members.

### MDI Hospital Community Exercise Class

MDI Hospital's free Wellness Program provided four exercise classes per week for 50 weeks to a total of 1,000 MDIH employees and community participants.

### Walking for Wellness Walking Program

A total of 1,000 people participated in the year-round walking program.

### Prevent T2 Diabetes Prevention Program

Developed by the CDC, the Prevent T2 program is a year-long program; a total of 40 people participated in the program with the MDIH Prevent T2 Lifestyle Coaches.

### Free Cancer Support Group

MDI Hospital provides free monthly virtual support groups for patients, survivors, and their families.

### A Matter of Balance Program

The virtual Matter of Balance program is an eight-week series of classes focused on fall prevention. MDI Hospital has collaborated with Eastern Area Agency on Aging to provide this to our community. Ten individuals participated for the entirety of the program.

### Health Insurance Counseling

MDI Hospital offered health insurance enrollment counseling to help community members explore their options on the Health Insurance Marketplace. This service is provided free of charge. To learn more, contact MDI Hospital's Financial Counselor's Office at 288-5082, ext. 1202.

### Freedom From Smoking Group Clinic Program

MDI Hospital's ICT Team members received training through the American Lung Association and became certified FFS facilitators, implementing the first group Freedom From Smoking Group Clinic in the MDI community. Plans are underway for future clinics.



## Charity Care & Community Benefits

Total Charity Care & Community Benefits:

**\$44,594,944**

### CHARITY CARE & MEANS TESTED GOVERNMENT PROGRAMS

Charity care at cost:

\$460,926

Unreimbursed Medicaid

\$9,876,106

Unreimbursed Medicare

Costs

\$18,470,992

Total Charity Care & Means-Tested Government Programs

\$28,808,024

### OTHER BENEFITS

Community health improvement services and community benefit operations

\$2,316,216

Health professions education

\$555,524

Subsidized health services

\$12,877,180

Cash & in-kind contributions to community groups

\$38,000

Total Other Benefits

\$15,786,920

# Community Connections

## Food Pantry Partnerships

Throughout FY 2024, Mount Desert Island Hospital partnered with the Good Shepherd Food Bank and Bar Harbor Food Pantry to help make food available to patients in need at five of our health centers. Over 6065.12 pounds of food were distributed to patients and families experiencing food insecurity, and connections were made for them to local food pantries.

## Give Thanks and Give Back

MDI Hospital Organization's Annual Give Thanks and Give Back Campaign provided holiday gifts to numerous local individuals and families this year. Supported by our employees, this annual holiday gift-giving program helps make the holiday season brighter for residents of the nearby MDI Housing Authority.

## MDI Marathon

Each year MDI Hospital provides a medical tent and a water station to support the runners of the MDI Marathon. Hospital volunteers staff both stations, ensuring the runners stay hydrated and healthy during this beloved community event that draws runners and spectators from near and far.

## Trail of Treats

The Trail of Treats is a partnership between Birch Bay Retirement Village and MDI Hospital. Employees volunteer to decorate tables along the outdoor walking pathway at Birch Bay and hand out candy to local trick-or-treaters. Residents of Birch Bay love to watch the festivities from the windows of the Inn. FY 2024 was the third Trail of Treats Halloween event. The FY24 event was unfortunately cancelled due to the tragic events in Lewiston ME as our communities came together to process and grieve.

## Dean and Penny Readers

Through the Annual Hospital Auxiliary Wish List a new reading program has been established to support children who come to MDI Hospital and Health Centers for well-child visits. Thanks to the funds raised by the Hospital Auxiliary and the leadership of Dean and Penny Read, each child will be able to leave their appointments with a new book.

## New Year Baby

Businesses and companies across Mount Desert Island and in Ellsworth donated baby and family themed gifts to the first baby born in the New Year. Shannon and Alan Simons are the proud parents of this year's New Year baby, Amelia Simons.

## Holiday Stars

The MDI Hospital Auxiliary presented The Holiday Stars project to remember and honor those whose lives have been affected by cancer. For a small donation, a personalized star is hung in the main hospital lobby during the holidays. Donations help provide Palliative Care at MDI Hospital to those in need.

## Community Celebration and Annual Meeting

Held at the Bar Harbor Club, the Annual Community Celebration drew a number of attendees including community members, local businesses, donors, board members, hospital employees, and more. The Annual Meeting was held prior to the event via Zoom.

## Hamilton Hill

Kim Swan of Swan Agency Real Estate invited Mount Desert Island Hospital to participate in the 2023 Designer Showcase at Hamilton Hill. The event began with a Preview Party, where a group of donors, designers, community members, local businesses, and hospital staff gathered to celebrate the opening of the 2023 Hamilton Hill Designer Showcase. Ticket sales for the Preview Party benefitted MDI Hospital, as did proceeds from the house tours, that lasted following three weeks.



*Amelia Simons was the first baby born in 2024 at MDI Hospital, receiving a collection of gifts donated by local businesses & individuals*

## David R. Harding Memorial Golf Tournament

MDI Hospital partnered with Kebo Golf Club and Bar Harbor Bank & Trust to present the 30th Annual David R. Harding Memorial Golf Tournament. In 2021, Bar Harbor Bank & Trust selected Mount Desert Island Hospital as the beneficiary for the tournament. In 2022, recognizing its vital services to our community, Bar Harbor Bank & Trust selected Mount Desert Island Hospital to manage the tournament and be the primary beneficiary going forward. Bar Harbor Bank & Trust continues to support as the presenting sponsor, and its employees volunteer their time to help organize and staff the event. Each year, teams of local community members gather to support this fun-filled day-long event.

## UPENN Conference at Atlantic Oceanside

Atlantic Oceanside supported MDI Hospital by hosting the annual UPENN Conference. Mentors, healthcare professionals, and researchers of the University of Pennsylvania lead a series of talks throughout the day to MDI Hospital & Health Center employees, Birch Bay Retirement Village employees, and community members. The conference lasts two days with an additional day planned for educational simulations in MDI Hospital's Emergency Room.

## Friends of Acadia Cleanup Day

MDI Hospital and Birch Bay Retirement Village employees joined Friends of Acadia in their annual cleanup day to help pick up trash along the roadside to maintain and improve MDI's terrain.

## Bar Harbor Rotary

Rotary members supported MDI Hospital at their Annual Mini Golf Challenge at Pirate's Cove, raising over \$5,000 for MDI Hospital's Oncology Department and the Island Infusion Center. Not only were the funds raised an incredible contribution that will make a difference to those battling cancer on MDI, the event itself showcased the best of the people in our community. The large turnout brought locals, their families, businesses, and visitors together to support the cause in a day full of fun.

**Working alongside community organizations and engaging directly with the community we serve are part of our core values and strengthens our ability to keep this vibrant community we serve healthy and connected!**

# Community Health Services

## Oral Health Services

MDI Hospital’s Community Dental Center continues outreach services for Birch Bay Retirement Village (BBRV) residents who require ongoing oral health needs. Dr. Jane Ogembo and Hygienist Sheri Wilder met with the administrators of BBRV regarding a monthly rotation for dental screenings and cleanings. We are hoping to move forward after additional meetings with our new hygienist Monica Jones to assist in educating staff and residents. Dr. Ogembo, Sheri and Monica hope to revisit this plan in the near future with the aid of their Practice Manager, Karrin Payne. MDIH Community Dental Center is an affiliated teaching center with the University of New England College of Dental Medicine, and Dr. Ogembo is an appointed Adjunct Assistant Clinical Professor with the program. This adjunct status is based on supervision of dental students as part of our Community-Based Education Program. We plan to host another student in Spring of 2025 and to welcome our Dental Student Rotation Coordinator for a site visit.

## Childbirth Education Classes

MDI Hospital’s OB Department provides two childbirth education classes for new families in our community. The Prepared Childbirth Class is a day-long class, welcoming expectant parents to experience childbirth through a holistic format. Topics include employing mindfulness skills in the labor process, relaxation and positions in labor, pain management, possible interventions, the role of the partner, bonding with the newborn, and caring for the newborn. Thirty-one couples registered for this course during the fiscal year. The second course offering, the Breastfeeding Class, was taught by the unit’s Certified Lactation Counselors and provided further preparation in breastfeeding and newborn care. Sixteen couples registered for this course offering. Both classes are offered quarterly and are free to the participants. All classes were in person.

MDIH is a National Certified Safe Sleep Hospital. Upon admission to our unit, we assess each family’s access to a safe sleep environment for their newborn. Through the Cribs for Kids program, we are able to provide those in need with a Safe Sleep Kit which includes a cribette, a sleep sack, pacifier, book, and additional educational materials. These kits are reimbursed by the Maine CDC Cribs for Kids program.

## Flu Shot Clinics

MDI Hospital conducts low-cost public flu shot clinics each year at several locations throughout the community, including several local businesses. A total of 160 people took advantage of these convenient clinics during FY 2024.

## Diabetes Education

MDI Hospital’s Diabetes Education program provides guidance and support to help people manage their disease.

## Nutrition Education

MDI Hospital dietitians provide a variety of educational and outreach services to the community each year. These efforts include:

- Individual diet instructions, offered at Bar Harbor
- Individual nutrition counseling and teaching group classes as part of the Diabetes Education Program in Southwest Harbor and Bar Harbor
- Guest educator for the Diabetes Prevention Program classes
- Nutrition education for the Cardiac Rehab program
- Community ServSafe® education

## Palliative Care

MDI Hospital’s Palliative Care Program focuses on improving quality-of-life for patients with life-changing illnesses, and their families, through the prevention and relief of physical, social, and spiritual aspects of suffering. While hospice focuses on end-of-life care, palliative care provides specialized medical care for people living with serious illnesses—whatever the diagnosis. Palliative care is appropriate at any age and any stage in a serious illness and can be provided together with curative treatment. Palliative care is offered in both inpatient and outpatient settings at MDI Hospital and is provided by a Registered Nurse, Licensed Social Worker and MD who work together with patients’ other care practitioners to provide an extra layer of support. In FY 2024 we had 110 referrals for palliative care. The Palliative Care Team along with community partners provided a free workshop for the community in June entitled “Conversations in Aging: Advanced Care Planning” which garnered wonderful engagement.



*MDI Hospital employees volunteered at the medical tent during the MDI Marathon*

## Integrated Care Team

MDI Hospital’s Integrated Care Team members work side-by-side with patients and their families to improve health, wellness, and quality of life both in and out of the clinic setting. Services offered include Health Screenings, personalized Health Coaching, Tobacco Cessation counseling, Diabetes Prevention Education, a Cancer Patient Navigator Program, and more.

## MDI Hospital’s Collaboration with AOS 91 Schools and COA

Registered nurses from MDI Hospital Health Centers collaborate with AOS 91 registered nurses regularly throughout the school year. A family nurse practitioner from MDI Hospital runs a student clinic at the College of the Atlantic in Bar Harbor during the school year.

## COVID-19 and Influenza Vaccination Efforts

MDI Hospital Pharmacy continues to support local vaccination efforts in the community. This is done by facilitating and coordinating vaccine supply for elementary school vaccine clinics on the island.

## Oversight & Training to All Island Emergency Medical Services

MDI Hospital’s Emergency Department is led by David Sugerman. Dr. Sugerman is the Medical Director for all Bar Harbor, Mount Desert and Southwest Harbor Emergency Medical Services (EMS). He is a board-certified emergency physician with a background in sports medicine. As an EMS director, Dr. Sugerman reviews operations, facilitates education opportunities and performs quality assessments as needed for all Island EMS professionals. He also oversees the Mount Desert Island Hospital – Penn Medicine Collaborative, which contributes to EMS educational needs. He is actively pursuing improvements in the interfacility transfer program to meet the needs of the island.

## Pharmaceutical Support for EMS Crash Boxes

MDI Hospital Pharmacy continues to supply local EMS services on the island with medications used by their ambulance services at no cost.

## MDI Marathon

MDI Hospital provided medical support and organized volunteers for the MDI Marathon.

# Kogod Center for Medical Education Welcomes Students

Construction was completed on the Kogod Center for Medical Education, funded by a transformational \$3M gift from Arlene and Robert Kogod and their family. Every year, the Kogod Center will be a welcoming home base for more than 60 medical education students who come to MDI Hospital for rural rotations — for a few weeks or several months at a time. Many of these students are vital to our summer staffing model.



"The proximity of the Kogod Center to the hospital and to town, I don't know how you can't be happy living here! The overall wellness of the learners, you can tell that MDI Hospital is really prioritizing the students here and that people have a lot of pride in this hospital."

—Rachel Heuer  
*Maine Health Internal Medicine Resident*



"Living in the Kogod Center is a really unique opportunity. To be so close to the hospital in this incredible location and just steps from work and be in this lovely collaborative space is such a benefit for students in all fields of medicine."

— Nicholas Baker  
*Tufts Medical Student*



"We have residents, medical students, PA students music therapy students, all sharing this space and the conversations that can occur from that, learning more about each others professions, is definitely a benefit of the Kogod Center"

—Nathan Donaldson  
*ED Physician & Medical Director of Medical Education*



*Dr. Katie Gassman (right) volunteers with MDI Search & Rescue. Photo courtesy of MDI Search & Rescue*

## Staff Volunteerism

In FY 2024, MDI Hospital and Birch Bay Retirement Village devoted staff members contributed 1,469.75 hours of volunteer time through their commitments to organizations including:

- |   |   |
|---|---|
| Bar Harbor Fire Department                | RSU 24                                      |
| MDI YMCA                                  | Ellsworth Public Library                    |
| MDI Search & Rescue                       | The Grand                                   |
| Connors Emerson School                    | Heart of Ellsworth                          |
| YWCA Mount Desert Island                  | Mrs. Maine America                          |
| Island Connections                        | Ellsworth Elks Lodge                        |
| Town of Bar Harbor Age-Friendly Committee | Down East Family YMCA                       |
| Friends of Acadia                         | National Gymnastics Association             |
| MDI Marathon                              | Amateur Radio Club events                   |
| Island Arts Association                   | Cub Scout Troop 86                          |
| Holy Redeemer Catholic Church             | Boy Scout Troop 86                          |
| Mount Desert Island Music Boosters,       | Ellsworth VFW                               |
| Southwest Harbor Congregational Church    | Blue Hill Congregational Church             |
| Tree of Life Food Pantry                  | Wreaths Across America                      |
| Good Shepherd Food Bank                   | George Stevens Academy                      |
| Bar Harbor Food Bank                      | Surry School                                |
| Habitat for Humanity                      | Camp Capella                                |
| The American Legion                       | Healthcare Financial Management Association |

**We are a community engaged workforce who are proud to work in and serve our greater community.**

# Educational Partnerships

MDI Hospital's Medical Education Program introduces the next generation of caregivers to a unique, rewarding healthcare environment, providing a memorable and impactful experience for students that will be the foundation for delivering rural medicine in the future. Through dynamic collaborations with nationally recognized university and hospital partners, our independent community hospital cultivates a creative, innovative culture of professional development drawn from our integrated care model, which serves individuals and families throughout their lives and the continuum of their care. Led collaboratively by an engaged medical staff, MDI Hospital's Medical Education Program is geared to provide a scalable, sharable model for peer hospitals striving to recruit and retain the best-quality medical providers and caregivers.

In FY 2024, MDI Hospital hosted 50 students across 15 educational partnerships: 10 Emergency Medicine residents, 3 Behavioral Health residents, 6 Outpatient residents, 3 IM Residents, 9 Medical students, 7 Physician Assistant students, 2 Family Nurse Practitioner students, 1 Dental student 3 Pharmacy students, 2 Premed students, and 4 Music Therapy students.

---

## Mount Desert Island Hospital— Penn Medicine Collaborative

Participating Residents are specializing in Emergency Medicine or Behavioral Health. University of Pennsylvania's medical school—sited in one of America's largest urban hospitals—sought an alternative setting to introduce future leading physicians to small-community health. MDIH sought the expertise and innovation of these professionals-in-training. Established 12 years ago with no preexisting affiliation, these two organizations have crafted a program from the ground up that has profoundly changed cultures and practices. To date, nearly 100 residents have accessed rural medical training directly from MDIH. In turn, they share their knowledge of leading-edge, evidence-based standards of emergency medical care and psychiatry with our Critical Access Hospital team. There were 6 Emergency Medicine residents and 4 Behavioral Health residents in FY 2023. In the summer and fall of 2022 we had a total of 10 educational presentations from UPENN residents including Emergency Department topics, opioid use disorder and Psychiatry. All staff and interested community members/organizations are invited to these presentations.

## Tufts University School of Medicine Maine Track Program

The Maine Track Program is a nine-month learning opportunity for aspiring physicians to encourage medical practice in rural Maine. Two third-year medical students participate in the care of patients with our physicians and staff members: routine office visits, home visits, subspecialty evaluations, office or hospital-based procedures, hospital care, and emergency care. In FY 2024, we welcomed two Tufts students to MDI Hospital.

## Maine Rural GME Education Collaborative

MDIH joined the Maine Rural GME Education (MERGE) Collaborative, a distributed, inter-professional infrastructure created to increase access to high-quality graduate medical education in a rural environment. Residents will be accepted from the four ACGME-accredited Sponsoring Institutions in Maine which include MaineHealth, Northern Light, Central Maine Medical Center, and the Maine Dartmouth Family Medicine Residency. Residents will spend 2- or 4-week rotations in one of 4-5 disciplines. The MERGE Collaborative's mission is to ensure that the State of Maine will be the premier provider of rural graduate medical education and produce highly skilled, diverse, and talented providers who remain in the state after graduation because they are committed to, and prepared for, meeting the unique needs of the people and communities they serve.

## College of the Atlantic Internship

An 11-week internship offering second- and third-year undergraduate students broad job-shadowing exposure to MDIH's healthcare delivery, and providing opportunities to discuss what they observe, including primary care, hospitalist rounds, emergency care, medical imaging, orthopedics, and obstetrics. The College of the Atlantic Internship was suspended in 2020 due to COVID-19; in 2022-2023 this program was reinstated. We welcomed one premed students for 11-week internships in FY 2024.



*Medical Student Kathryn Gianoulas from Tufts works with Dr. Charlie Hendricks*

### University of New England Dental School Program

Twelve-week rotations for fourth-year dental students at the Community Dental Center in Southwest Harbor. Students provide care to patients under the supervision of Jane Ogembo, DDS, MPH. They also have the unique experience of practicing in a dental home where the psychological and social determinants of patients' dental problems can be addressed if indicated.

### University of New England Pharmacy Rotations

Rotations of two weeks (for first- and second-year Pharmacy students) or six weeks (for fourth-year Pharmacy students) working with MDIH's Pharmacy staff and learning methods and protocols unique to the hospital setting. Students participate directly in all Pharmacy services, including drug distribution, sterile preparations, inventory regulation, and quality assurance programs.

### University of New England Physician Assistant Program

Students from UNE's Master of Science Physician Assistant Program, the only PA program in Maine, work directly under the tutelage of a PA for two months. Our pre-professional PA students experience the full range of rural healthcare firsthand, from preventive care to emergency visits.

### Music Therapy Internship

Every year, two-three Music Therapy interns rotate to MDIH from universities throughout the country. MDIH is the site of Maine's only Music Therapy internship program. For six months, interns maintain an individual caseload of clients working towards rehabilitative or palliative goals. They provide Music Therapy services to patients of all ages in one-on-one and group sessions, alleviating pain, distress, and agitation while improving cognitive functioning, engagement, and communication.

### Community Health Rotation

Medical students considering a rural practice can opt to spend one month at MDIH, working two days a week in an outpatient clinic and with the Integrated Care team making home visits; and spending three days a week exploring community-based programs that support individuals who have high-risk medical needs. By the end of the month, they will understand the importance of collaboration with community organizations that can improve and sustain positive outcomes.

### Student Nursing Programs

Advanced Practice Nurse education programs are individually focused on multiple clinical disciplines, including primary care, behavioral health, and anesthesia. Student clinical rotations are supervised by MDIH medical staff related to their specialized needs.



*MDI Hospital Auxiliary Members at a jewelry sale: one of their many initiatives to raise money to support MDI Hospital.*

## MDI Hospital Auxiliary — A Tradition of Giving Since 1948

The generosity of MDI Hospital Auxiliary, celebrating over seven decades of service to MDI Hospital, greatly benefits our patients and community and supports MDI Hospital in providing the compassionate, quality care for which we are known. Auxiliary fundraising in FY 2023 included bake Sales, jewelry sales, and the Auxiliary Auction and Raffle, held during MDI Hospital's Annual Community Celebration. Through their efforts, MDI Hospital Auxiliary votes to fulfill annual Auxiliary Wish List items that directly benefit patient experience & recovery and strengthen provision of care by our healthcare teams. Wish-list purchases this year totaled just under \$10,000 and included gifts of the following items:

- Lifeline pendants for community members
- Items to help patients served by Care Management improve their eating habits and weight:
  - ▶ Exercise balls, exercise sliders, and dumbbell sets
  - ▶ Weekly meal planners and meal guides
  - ▶ Habit trackers
  - ▶ Calorie King books
  - ▶ Food scales
  - ▶ Digital body-weight-scales
- Educational literature for patients with heart conditions and dementia
- Newspaper subscription for our Surgical Services waiting area
- A new program for all children to leave their well-child appointments with a book.
- Pulse oximeters
- Blood pressure monitors and pulse oximeters for patients who, due to their illness, must closely monitor their blood pressure or blood oxygen saturations
- Pill organizers to assist patients with their medication management
- Emergency night lights for geriatric patients who are at risk of falls

In addition, MDI Hospital Auxiliary provides scholarships to students pursuing careers in the medical field through the Marion Joy Morse Scholarship & Barbara Joy Trust. This support helps the next generation of caregivers from our community as they pursue their goals!

# Financial and In-Kind Contributions

## Event Sponsorships

In FY 2024, MDI Hospital contributed more than \$4,800 in sponsorships to local organizations. This includes the Maine Chapter of American Cancer Society, the MDI Marathon, Hancock County Food Drive, and Birch Bay Golf Tournament. MDI Hospital regularly donates space in its conference rooms at the Lisa Stewart Women’s Health Center, the Community Health Center, and Birch Bay Retirement Village for local groups to conduct meetings.

## Give Thanks and Give Back

MDI Hospital Organization’s Annual Give Thanks and Give Back Campaign provided gifts to numerous local individuals and families this year. The annual holiday gift-giving program, coordinated by the Advancement Department and the MDI Housing Authority, was supported by Hospital employees who purchased gifts for MDI residents in need.



*Each year, MDI Hospital teams up with the MDI Housing Authority for our Annual Give Thanks and Give Back Campaign, providing gifts for local individuals and families in need.*



*Above: A local Girl Scout Troop visited MDI Hospital*

*Cover: The Dunbar Family donated board books and sketchbooks to the Hospital to be given to children in the event that they are in the Hospital, or have a family member who is in the Hospital*



Mount Desert  
Island Hospital

10 Wayman Lane, Bar Harbor, ME 04609  
[www.mdihospital.org](http://www.mdihospital.org) • 207 288-5081